

Curriculum Vitae

Christopher Williams, PhD, MPH

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Education

Morehouse College	BA	1989	Psychology
Northeastern University	PhD	1995	Psychology
Yale University	MPH	2021	Social & Behavioral Sciences

Postdoctoral Training

Columbia University	Fellowship	1996	Child and Adolescent Psychiatry
Harvard Medical School	Certificate	2018	Global Health & Epidemiology

Academic Appointments

2019-present	<i>Adjunct Associate Professor</i> Department of Psychology School of Natural and Social Sciences State University of New York at Purchase College, Purchase, New York
2016-2019	<i>Lecturer</i> SUNY at Purchase College School of Natural and Social Sciences State University of New York at Purchase College, Purchase, New York
2016	<i>Visiting Research Fellow</i> Department of Behavioral Sciences & Leadership United States Air Force Academy, Colorado Springs, Colorado
1996-1999	<i>Assistant Professor of Psychology</i> Department of Public Health Cornell University, Weill Cornell Medical College, New York, New York
1994-1996	<i>Chief Research Fellow</i> Department of Child and Adolescent Psychiatry Columbia University, College of Physicians and Surgeons, New York, New York
1989-1994	<i>Lecturer</i> Department of Psychology Northeastern University & Wheelock College, Boston, Massachusetts

Research & Executive Positions

2005-Present	Senior Vice President National Health Promotion Associates (NHPA), White Plains, New York. <i>Execute strategic priorities and oversight for companywide operations at health promotion R&D firm.</i>
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- 2001-Present Director of Research & Senior Research Scientist
NHPA
Serve as Principal Investigator NIH-funded prevention science program of research. Lead team of behavioral health scientists in evidence-based prevention science, practice, and policy; and, an independent institutional authority on federal and state research policies and guidelines to ensure overall compliance with federal guidelines.
- 1999-2001 Deputy Director
SAMHSA's National Center for Advancement of Prevention, Washington, D.C.
Coordinated work product deliverables for federal contract including cost/benefit analysis, needs assessment, and knowledge synthesis.

Publications

1. Griffin, K. W., **Williams, C.**, Botvin, C. M., Sousa, S. & Botvin, G. J. (under review). Effectiveness of a hybrid substance abuse prevention approach combining e-learning and in-person class sessions. *Frontiers in Digital Health*.
2. **Williams, C.**, & Vermund, S.H. (2021). Syndemic framework evaluation of severe COVID-19 outcomes in the United States: Factors associated with race and ethnicity. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2021.720264> .
3. Griffin, K.W., **Williams, C.**, Travis, W. & Tharp, A. (2021). The Effectiveness of a Brief Small-Group Intervention to Prevent Unwanted Sexual Contact among Cadets at the United States Air Force Academy. *American Journal of Public Health*. <https://doi.org/10.2105/AJPH.2020.306050>
4. **Williams, C.**, Griffin, K. W., Mehta, R. & Botvin, G. J. (2021). Testing an Evidence-Based Drug Abuse and Violence Preventive Approach Adapted for Youth in Juvenile Justice Diversionary Settings. *Health and Justice*, 9(3). <https://doi.org/10.1186/s40352-021-00128-8>.
5. Eger, W., Herman, D., House, M., Robinson, L. & **Williams, C.** (2021). Confronting a Legacy of Scarcity: A plan for America's Re-investment in public health. A report by the Yale Global Health Justice Partnership of Yale Law School and Yale School of Public Health. http://law.yale.edu/sites/default/files/area/center/ghjp/documents/publichealthfunding_final_6.7.21.pdf
6. Botvin, G.J., Griffin, K.W., **Williams, C.** (2015). Preventing Daily Substance Use among High School Students Using a Cognitive-Behavioral Competence Enhancement Approach. *World Journal of Preventive Medicine*, 3(3):48-53. <http://pubs.sciepub.com/jpm/3/3/1/>
7. **Williams, C.**, Samuolis, J., Griffin, K. W. & Botvin, G. J. (2011). LifeSkills Training Wellness Program: An application for young adults in supermarkets. In J. W. Bray, D. M. Galvin, & L. A. Cluff (Eds). *Young adults in the workplace: A multi-site initiative of substance use prevention programs* (pp. 117-132). RTI Press [Publication No. BK-0005-11030]. Research Triangle Park, NC: RTI Press.
8. Samuolis, J., Griffin, K.W., **Williams, C.** & Botvin, G. J. (2011). Work intensity and substance use among adolescents employed part-time in entry-level jobs. *International Journal of Child Adolescent Health*, 4, 67-74.

9. Griffin, K.W., Samuolis, J. & **Williams, C.** (2011). Efficacy of a self-administered home-based parent intervention on parenting behaviors for preventing adolescent substance use. *Journal of Child and Family Studies*, 20, 319-325. <https://doi.org/10.1007/s10826-010-9395-2>
10. Macaulay, A. P., Griffin, K.W., Gronewold, E., & **Williams, C.** (2005). Parenting practices and adolescent drug-related knowledge, attitudes, norms and behaviors. *Journal of Alcohol and Drug Education*, 49, 67-83.
11. **Williams, C.**, Griffin, K.W., West, T.L., Gronewold, E. & Macaulay, A.P. (2005). Efficacy of a drug prevention CD-ROM for adolescents. *Substance Use and Misuse*, 40, 869-877. <https://doi.org/10.1081/JA-200042219>
12. Griffin, K. W., Botvin, G. J., Scheier, L. M., Doyle, M. M., **Williams, C.** (2003). Common predictors of cigarette smoking, alcohol use, aggression, and delinquency among inner-city minority youth. *Addictive Behaviors*, 28, 1141-1148. [https://doi.org/10.1016/S0306-4603\(02\)00225-3](https://doi.org/10.1016/S0306-4603(02)00225-3)
13. Epstein, J. A., **Williams, C.**, & Botvin, G. J. (2002). How universal are social influences to drink and problem behaviors for alcohol use? A test comparing urban African-American and Caribbean-American adolescents. *Addictive Behaviors*, 27, 75-86. [https://doi.org/10.1016/S0306-4603\(00\)00165-9](https://doi.org/10.1016/S0306-4603(00)00165-9)
14. Epstein, J.A., Botvin, G.J., Diaz, T., **Williams, C.** & Griffin, K.W. (2000). Aggression, victimization and problem behavior among inner-city minority adolescents. *Journal of Child and Adolescent Substance Abuse*, 9, 51-66. https://doi.org/10.1300/J029v09n03_04
15. Botvin, G. J., Griffin, K. W., Diaz, T., Scheier, L. M., **Williams, C.** & Epstein, J. A. (2000). Preventing illicit drug use in adolescents: Long term follow-up data from a randomized control trial of a school population. *Addictive Behaviors*, 5, 769-774. [https://doi.org/10.1016/S0306-4603\(99\)00050-7](https://doi.org/10.1016/S0306-4603(99)00050-7)
16. Schinke, S., Cole, K., **Williams, C.**, & Botvin, G. (1999). Reducing Risk Taking Among African American Males. In Larry E. Davis (Ed). *Working with African American Males: A Guide to Practice*. (pp. 103-112). Sage Press. Thousand Oaks.
17. **Williams, C.**, Epstein, J. A., Botvin, G. J., & Ifill-Williams, M. (1999). Marijuana use among minority youth living in public housing developments. *Journal of Urban Health: The Bulletin of the New York Academy of Medicine*, 19, 85-101. <https://doi.org/10.1007/BF02344464>
18. **Williams, C.**, Epstein, J. A., Botvin, G. J., Schinke, S.P., & Diaz, T. (1998). Psychosocial determinants of alcohol use among minority youth living in public housing developments. *Journal of Developmental and Behavioral Pediatrics*, 19, 145-154. <https://psycnet.apa.org/doi/10.1097/00004703-199806000-00001>
19. **Williams, C.**, Scheier, L. M., Botvin, G. J., Baker, E., & Miller, N. (1997). Risk factors for alcohol use among inner-city youth: A comparative analysis of youth living in public and conventional housing. *Journal of Child and Adolescent Substance Abuse*, 6, 69-89. https://doi.org/10.1300/J029v06n01_05
20. Bright, J., & **Williams, C.** (1996). Child rearing and education in urban environments: Black fathers' perspectives. *Urban Education*, 31, 245-260. <https://doi.org/10.1177%2F0042085996031003002>
21. **Williams, C.** & Bybee, J. A. (1994). What do children feel guilty about? Developmental and gender differences. *Developmental Psychology*, 30, 617-623. <https://psycnet.apa.org/doi/10.1037/0012-1649.30.5.617>

22. Williams, C. & Clark, V.R. (1989). A correlational study: The relationships among government grade level, Type A behavior and locus of control. *Journal of Psychology and Behavioral Sciences*, 4, 75-82.

Professional Service

Public Health Advisory Panels

- Editorial Board, *Frontiers in Public Health* Review Editor for Life-Course Epidemiology and Social Inequalities in Health
- *U.S. Department of State*: Panel of prevention scientists and practitioners convened to communicate best practices to their counterparts in Central and South America.
- *National Institutes of Health*: Panel of socio-behavioral scientists and marketing executives to advise NIH on the most effective ways to brand health and wellness to its various constituencies. 'Health Branding.'
- *National Registry of Effective Programs and Principles*: Panel of preventive intervention developers and scientists to offer consultation on program intervention and implementation fidelity.
- *Department of Health & Human Services*: Panel to advise agency program staff on community-based risk and protective factors approach to prevention.
- *Department of Health & Human Services (Center for Substance Abuse Prevention)*: Steering Committee of the Young Adults in the Workplace Cooperative Agreement, a program initiative funded through Substance Abuse and Mental Health Services Administration.

Ad Hoc Grant Reviewer

- NIH- Risk, Prevention and Health Behavior. 2021.
- NIH- Providing Research Education to Enhance Diversity in the Next Generation of Substance Abuse and Addiction Scientists. 2019.
- NIH- Community Influences on Health Behavior Study Section—Healthcare Delivery and Methodologies Integrated Review Group. 2017-2018.
- NIH- NIDA Special Emphasis Panel: NIDA Mentored Clinical Scientists Development Program in Drug Abuse and Addiction. 2016.
- NIH- NIDA Special Emphasis Panel: NIH Pathway to Independence. 2016.
- NIH- NICHD Population Science Subcommittee. 2014.
- NYS- New York State Office of Alcoholism & Substance Abuse Task Force on Evidence-based Prevention. 2011.
- NIH- NIDA Science Education, Communication and Childhood Disorders. 2009.
- NIH- NIDA Special Emphasis Panel: Clinical and Translational Science Award. 2009.
- NIH- Psychopathology and Adult Disorders. 2002.

Keynote & Invited Addresses

- *University of South Carolina*: Unleashing the power of prevention through Life Skills Training. Spotlight on best practice program approaches. Key note address given at the Prevention of Youth Substance Abuse in Rural Communities Conference. Lancaster, South Carolina. 2016.
- *U.S. Department of State*: Top U.S. Prevention Scientists and Practitioners Influence Policy, Legislation and Practice. New York & Washington, DC. 2003-2015.
- *New York City Department of Education*: "Evidence-based Prevention in School and Community-based Settings." Brooklyn & Bronx, New York. Morris Height Health Center: "Teen Pregnancy Prevention & Reproductive Health through Mobile App Technology." Bronx, New York. 2014.
- *The International Visitor Program*: Administered by the United States Department of State's Bureau of Educational and Cultural Affairs. Through involvement in these programs, Americans contribute to mutual understanding between the United States and other nations. Santiago, Chile. 2012.

- *U.S. Department of State: Overview of Prevention Science Applied to Substance Use: The Universal Prevention Curriculum.* Rosslyn, Virginia. 2011.
- *U.S. Department of Justice: United States-Mexico Bi-National Conference on Reduction of Drug Demand.* Mexico City, Mexico. 2001.
- *Columbia University: Grand Rounds Fellows presentation on Social Information Processing and “Hostile Attribution Bias in Boys in Under-Resourced Communities.”* New York, New York. 1996.

Membership in Scientific Organizations

- 2016-Present, Member, Society for Prevention Research
- 2017-Present, Member, Society of Behavioral Medicine
- 2017-Present, Member, American College Health Association
- 2019-Present, Member, Association for Psychological Science

Honors and Awards

- Finalist: Inaugural Office of Health Equity Research Award for Yale Research Excellence
- Key Note: *Unleashing the Power of Prevention through Life Skills Training*, Prevention of Youth Substance Abuse in Rural Communities Conference, Coalition for Health Youth.
- Invited Panelist: Universal Curriculum Series-- United Nations Office of Drugs and Crime
- Invited Panelist: NIH Office of Behavior and Social Sciences Research Conference on Health Branding

Research Administration Representative

- HHS/NIH: Authorized Organization Representative & Signing Official
- HHS/PHS/ORI: Research Integrity Officer
- HHS/OHRP: Head Official of Institution Overseeing Activities of IRB
- DoD: Government Group Administrator

Certification & Training

- National Drug Abuse Treatment Clinical Trials Network: Good Clinical Practice
- CITI Program Certificates: IRB Biomedical and Social-Behavioral-Education, Biomedical Responsible Conduct of Research, and Essentials of Research Administration
- NIH Protecting Human Subjects Research Participants

National Institutes of Health & Department of Defense

Ongoing Research Support

R43CE003173-01
CDC

09/21/2020 – 08/21/2021
NCE 8/21/2022

Innovative Immersive Technologies for Evidence-Based Violence Prevention among College Students

In this proof-of-concept trial we will develop and test 360° virtual reality modules to prevent four CDC categories of violence (youth violence, sexual violence, intimate partner violence, and suicide) among college students.

Role: Principal Investigator

4R44HD074319-03
NICHD

06/01/2017 - 05/31/2021

An Evidence-based Approach to Bullying Prevention

This project addresses the critical public health problem of bullying and cyberbullying among middle school youth. During this prospective trial, the investigative team will develop and test bullying and cyberbullying prevention materials, including interactive classroom sessions and corresponding animated games, based on the evidence-based substance abuse prevention approach, Life Skills Training.

Role: Principal Investigator

4R44DA043273-01

NIDA

05/01/2017 - 07/31/2022

A High School Program for Preventing Prescription Drug Abuse

This Fast Track project is designed to develop and test an evidence-based prevention program utilizing a combination of e-learning and in-person classroom sessions to prevent prescription drug abuse among high school students.

Role: Principal Investigator

4R44DA039602 (Griffin)

NIDA

05/01/2015 - 01/31/2021

Primary Prevention of Sexual Violence among College Students

The goal of this Fast Track study is to develop, feasibility test, and test for effectiveness a new approach to the primary prevention of sexual violence among college students utilizing both digital and face-to-face intervention modalities, based on a successful evidence-based substance abuse and violence prevention approach called Life Skills Training.

Role: Co-Investigator

Completed Research Support

R44DA040358 (Griffin)

NIDA

09/15/2015 - 06/30/2020

Preventing Prescription Drug Abuse in Middle School Students

This Fast Track project is designed to develop and test an evidence-based prevention program utilizing a combination of e-learning and in-person classroom sessions to prevent prescription drug abuse among middle school students.

5R34DA034888-03

NIDA

09/15/2014 - 08/31/2018

Testing a Multilevel Preventive Intervention in Youth Courts

This project examined the impact of an adapted evidenced-based drug abuse prevention approach for use in youth courts among first-time, non-violent, adolescent offenders.

Role: Principal Investigator

1R43DA037650-01
NIH/NIDA

03/01/2014 - 09/30/2015

Innovative Positive Juvenile Justice Tools for Youth Courts

This project tested the feasibility and acceptability of a set of drug abuse prevention intervention tools for professional who serve youth in juvenile justice settings.

Role: Principal Investigator

FA7014-17-P-1006
DoD

02/24/2017 - 02/23/2018

Adapting a Life Skills Training Approach for Sexual Assault Prevention at the U.S. Air Force Academy

This project developed a skills building program to prevent sexual violence and substance use in first-year US Air Force Academy cadets and tested the program in an RCT.

Role: Co-Investigator

R43HD074319-01A1
NIH/NIDA

06/01/2013 - 05/30/2015

An Evidence-Based Serious Game Approach for Bullying Prevention

The project tested the feasibility of prototype materials of an online educational game and classroom-based intervention for preventing traditional and cyber bullying among middle school students.

Role: Principal Investigator

200-2013-M-57442
CDC-NCCDPHP

09/18/2013 - 03/22/2014

Mobile Phone App for Linking Adolescents to Local Pregnancy Prevention Resources

The overall goal of this project was to create a comprehensive mobile phone application, *MTeenHealth+*, that helps to prevent pregnancy and promote reproductive health among urban minority adolescents.

Role: Principal Investigator

NIH/NIDA
R43DA029350-01

04/01/2011 - 06/30/2012

Web-Based Dissemination of Evidence-Based Prevention to the U.S. Military

This project developed and feasibility tested a Web-based distribution channel for increasing the dissemination, adoption, implementation, and sustainability of evidence-based substance use prevention programs among US military personnel.

Role: Principal Investigator

NIH/NIDA
R43-DA019715-01

09/15/2005 - 02/28/2006

Adolescent Drug Abuse Prevention for Youth Entering the Workplace

This project evaluated the impact of a psychoeducational intervention for students in vocational school settings as they transitioned from school into the workplace.

Role: Principal Investigator

NIH/NIDA

R44-DA019715-02

01/15/2008 - 12/31/2011

Adolescent Drug Abuse Prevention for Youth Entering the Workplace

This project evaluated the impact of a psychoeducational intervention for students in vocational school settings as they transitioned from school into the workplace.

Role: Principal Investigator

NIH/NIDA

N43DA-7-5535-01

07/13/2007 - 01/13/2008

A Marketing Technology Plan for Disseminating Workplace Drug Prevention Programs

The goal of this project was to evaluate the effectiveness of a Web portal to aid employee assistance providers with marketing evidence-based prevention programs to the organizations they serve.

Role: Principal Investigator

NIH/NIDA

N44DA-8-5535-02

09/24/2008 - 10/24/2011

A Marketing Technology Plan for Disseminating Workplace Drug Prevention Programs

The goal of this project was to evaluate the effectiveness of a Web portal to aid employee assistance providers with marketing evidence-based prevention programs to the organizations they serve.

Role: Principal Investigator

SAMHSA/CSAP

5-UD1-SP11134

10/01/2004 - 09/30/2009

Life Skills Training Workplace Prevention Program

The goal of this grant of this project was to evaluate the effectiveness of an evidence-based workplace health and wellness program for youth employees aged 16-24 years in a randomized control field trial.

Role: Principal Investigator

COLLEGE ACADEMIC ADVISING

Senior Thesis Supervision: Nia Soulette (2021); Emily Roosa (2021); Mennefer Blue and Susie Feldman (2020); Alexandra Selloni (2019); Randy Moran and Charis Turner (2018); Tommy Roggina (2016 and 2017); Caroline Plonsky (2016).

INTERNSHIP DIRECTOR

National Health Promotion Associates Internship in Behavioral Health: NHPA's internship is designed to provide highly-motivated college students with training in prevention science including the responsible

conduct of human subjects research, survey development, randomized controlled trials, statistical analysis, and report writing. To date, we have trained over 50 students since its inception in 2010.

COURSES TAUGHT

	Term	Title	Enrolled
01	Spring 2022	Stress and Coping	53
02	Spring 2022	Senior Thesis Supervision	02
03	Fall 2021	Cyberpsychology	57
04	Fall 2021	Senior Thesis Supervision	02
05	Spring 2021	Stress and Coping	61
06	Spring 2021	Senior Thesis Supervision	01
07	Fall 2020	Stress and Coping	40
08	Spring 2020	Senior Thesis Supervision	02
09	Spring 2020	Cyberpsychology	54
10	Fall 2019	Stress and Coping	71
11	Fall 2019	Senior Thesis Supervision	02
12	Spring 2019	Cyberpsychology	54
13	Spring 2019	Senior Thesis Supervision	01
14	Fall 2018	Stress and Coping	71
15	Fall 2018	Senior Thesis Supervision	01
16	Spring 2018	Cyberpsychology	58
17	Spring 2018	Senior Thesis Supervision	02
18	Fall 2017	Stress and Coping	71
19	Fall 2017	Senior Thesis Supervision	02
20	Fall 2016	Senior Thesis Supervision	02