



CREATE ABSTRACT PAINTINGS USING PUFFY PAINT

inspired by
JACKSON POLLOCK



ACTIVITY:

Think about Jackson Pollock's action painting process and create textured abstract artworks by mixing homemade puffy paint.

MATERIALS:

- Measuring cups and spoons
- Flour
- Salt
- Food coloring or watercolor paint
- Medium bowl
- Whisk
- 4 small cups
- Parchment paper
- Paper plates or cereal box cardboard
- Microwave
- Plastic fork, knife, spoons
- Yarn or String
- Toothbrush



PUFFY PAINT RECIPE:

- 1 cup flour
- 1 teaspoon salt
- 1 cup water
- Food coloring or liquid watercolor

1. Whisk together flour, salt, and water in medium bowl. Whisk really well so that mixture is smooth and clump free.
2. Divide flour mixture between 4 small cups.
3. Add food coloring or watercolors to each cup and mix well.



ACTIVITY:

1. Cover table with parchment paper. Place paper plate or cardboard on top.
2. Use plastic spoons to scoop paint from cups and flick it onto the cardboard or paper plate.
Repeat this step with all 4 colors.
3. Use plastic fork or knife and yarn or string to brush out paint and create designs or patterns.
Don't over spread paint – remember, it is puff paint!
4. Use toothbrush to flick more paint on top to make splatter dots.
5. Place puffy paint art in microwave and microwave on high for about 30 seconds.
Remove from microwave and let it cool.
6. When dry, punch hole in paper plate or cardboard.
Add yarn to hang or add to black paper for backing.

