

PURCHASE COLLEGE
State University of New York
BIENNIAL REVIEW 2017
ALCOHOL AND OTHER DRUGS

In accordance with U.S. Department of Education's Drug-Free Schools
and Campuses Regulations

Completed September 13, 2017

Matthew Kraus, MPH, LMHC, LCAT,
Director of Wellness

Biennial Review Task Force

I. Task Force Committee for the Biennial Review

The Biennial Review is being spearheaded by Matthew Kraus, MPH, LMHC, LCAT who is the Director of the Wellness Center at Purchase College, SUNY. The Director of Wellness plans, develops, implements, coordinates and evaluates the campus-wide collaborative Wellness Program. The Director is responsible for overseeing and providing Wellness substance abuse services education, assessments and counseling. The Director manages the provision of substance abuse counseling services by staff and provides direct services to students. Services include educational groups or sessions, substance abuse assessment, substance abuse counseling and compliance monitoring with treatment recommendations for students mandated through campus disciplinary process for sanctions that include substance use/abuse intervention. The Director supervises a full-time counselor and oversees the management of the undergraduate and graduate internship programs. The Director coordinates residential and campus wide programming in the following areas of wellness: physical, intellectual, vocational/occupational, financial, emotional, social (culture, society, family, community), environmental and spiritual. The Director manages the Wellness Center, leads the Wellness Committee and collaborates with other offices and committees as the primary provider of campus education related to wellness.

Also participating in the Biennial Review Task Force: Melissa Glazer, Director of Community Standards; Kathleen Farrell, Director of Human Resources; Dayton Tucker, Chief of SUNY Purchase University Police; Qui Qui Balascio, Associate Dean for Student Affairs; and Mario Rapetti, Assistant Dean of Student Life.

Input to the Biennial Review was also given by the Wellness Committee on campus. The Wellness Committee meets bi-weekly throughout the school year. The Wellness Committee is an active, cross-departmental committee that is integral to provide strategic direction for Purchase Colleges AOD prevention efforts and identify trends in AOD use around the campus. Wellness interfaces within student affairs through the Wellness Committee in offering programs devoted to supporting and educating the campus on personal well beings and healthy lifestyle choices.

II. Programs, Policies and Enforcement Procedures

The University offers a wide range of alcohol and drug education prevention services and programs.

Incoming and Transfer Students:

The Wellness Center presents at student and parent orientations as well as to all freshman in the First Year Experience class. At orientation, The Wellness Center provides incoming students and their parents with information about Alcohol or Other Drug (AOD) services, the Wellness Center's Yoga for a "natural high" programming, preventative and mindfulness workshops.

The Associate Dean for Student Affairs administers EverFi's AlcoholEdu and Haven modules for all new incoming students. Incoming students are required to take both of these courses to avoid a hold on their student record. Students are required to complete AlcoholEdu and Haven Part 1 in order to not have a hold placed on their account. Students are then encouraged to complete Part 2 by a second deadline to measure the college effect. All incoming students are sent multiple emails reminding them of their obligation and informing them of their status. Login information and deadlines for AlcoholEdu and Haven are also listed on the Purchase College Wellness Center's website. Flyers are also included in orientation packets for all incoming students and in the parent/guardian orientation packets, as well. A copy of the AlcoholEdu and Haven of the student flyer is below:

Dear Student,

Welcome to Purchase College! As you may already know, Purchase College has partnered with EverFi, whose mission is to help students address critical life skills such as alcohol abuse prevention, sexual assault prevention, and financial literacy in higher education institutions across the country. Each year over 1,500,000 students and employees complete these courses.

As part of our comprehensive prevention program for new Freshman and Transfer students, Purchase College expects you to complete AlcoholEdu and Haven. This online education will empower you to make well-informed decisions about issues that affect your years at Purchase College and beyond.

AlcoholEdu and Haven will be available starting July 17th, and you must complete Haven and Part 1 of AlcoholEdu by no later than August 18th in order to avoid a hold on your account that will preclude registration.

- AlcoholEdu and Haven for Fall 2017 begins **July 17th**
- The deadline for completion for **Part I is August 18th**
- Approximately 45 days later, you will receive an automated email asking you to complete the course.
- You must complete **Part II by October 1, 2017**
- Should you experience problems, technical support is available 24/7 and can be accessed from the "Help" link within the course.

Login Instructions:

You are expected to complete AlcoholEdu and Haven. You will need one EverFi Higher Education Account to access these courses from your dashboard. We urge you to add all courses to your dashboard before beginning any of the content. **Please be sure to use your Purchase College email for your account.**

If you DON'T HAVE an EverFi Higher Ed. Account:

1. Go to: www.everfi.com/register
2. Enter the AlcoholEdu/Haven Registration Code: XXXXX
3. Once at your EverFi Dashboard, click Add a Course and enter the AlcoholEdu/Haven Registration Code
4. Select "Get Started" to begin each course.

If you DO HAVE an EverFi Higher Ed. Account and need to add courses to your dashboard:

1. Go to www.everfi.com/login
2. Once signed in, click Add a Course
3. Enter the AlcoholEdu/Haven Registration Code: XXXXX
4. Repeat to enter the AlcoholEdu/Haven Registration Code
5. Click "Get Started" to begin each course.

Thank you, and enjoy the course!

Sincerely,
Purchase College

A copy of the parent flyer is below:

Dear Class of 2021 Parents,

Welcome to Purchase College! Sending your student off to college for the first time is never an easy thing to do. Over the course of their college career, your student will grow and change in large part based on personal interactions and the environment in which they are living. We recognize that the culture at Purchase College will have a big impact on your student's growth.

We take every part of the Purchase College experience very seriously, and we have implemented a comprehensive prevention program to help our students – your students – make the safest, healthiest decisions possible.

One way we do that is through our partnership with [EverFi](#), whose mission is to help students address critical life skills such as alcohol abuse prevention and sexual assault and relationship violence prevention. Each year, over 1,000,000 students complete EverFi's online prevention programs. Built in collaboration with leading researchers and practitioners, the interactive modules empower students to make well-informed decisions and create safe, healthy campus environments.

Every incoming Freshman and Transfer student will be required to take AlcoholEdu for College and Haven – Understanding Sexual Assault. We will be communicating directly with your student regarding the information and instructions they need to complete this course. To help ensure that your student meets this requirement, please remind them of the following:

- Students must use the Purchase College email address when signing up for AlcoholEdu and Haven
- AlcoholEdu and Haven for Fall 2017 begins **July 17th**
- The deadline for completion for **Part I** of Haven and AlcoholEdu is **August 18th** in order to avoid an account hold that will preclude registration.
- Students need to get a score of 70 or higher on AlcoholEdu Part 1 in order for it to qualify as completed.
- Approximately 45 days later, an automated email will be sent asking your student to complete the course.
- **Part II must be completed by October 1st**

While we are committed to making a difference with our students, we also understand that parents play an extremely important role in shaping their student's attitudes and behaviors. To that end, EverFi offers additional content that is designed to support your conversations with your student around these critical health and wellness topics.

AlcoholEdu for Parents is available at: www.everfi.com/alcoholeduforparents. This online resource includes:

- An overview of the AlcoholEdu for College course structure and key concepts
- A demo video that provides you with an overview of the course experience
- Downloadable resources, such as tips on talking to your student about alcohol, warning signs of an alcohol problem, and links to additional resources

Haven for Parents is available at: www.everfi.com/havenforparents. This online resource includes:

- An overview of the Haven – Understanding Sexual Assault course structure and key concepts
- A demo video that provides you with an overview of the course experience
- Downloadable resources, such as tips on talking to your student about healthy and unhealthy relationships, ways to support survivors of sexual assault and relationship violence, and links to additional resources

We are confident that AlcoholEdu and Haven will help ensure your student's success Purchase College and in the future. If you have any questions on the programming that Purchase College offers, please feel free to contact the Wellness Center at (914) 251-6665 or email Wellness@purchase.edu

Sincerely,
Purchase College

As students get closer to the deadline, a reminder email is sent to the students who have yet to complete Part 1 of AlcoholEdu and Haven. A copy of that email is below:

Dear «FirstName»,

Welcome to Purchase College! I look forward to meeting you during your time here at Purchase, and am available to assist you or at the very least steer you in the right direction if I can't assist you with what you need. I am writing to inform you that our records indicate that you have not completed Part 1 your required AlcoholEdu & Haven courses that are due to be completed by August 18th. Meeting deadlines and due dates will be an important part of your academic success as a student. Let's get the year off to a good start!

You must complete Haven and AlcoholEdu Part 1 prior to August 18th to avoid a hold being placed on your student record.

As a reminder,

- AlcoholEdu and Haven for Fall 2017 began **July 17st**
- The deadline for completion for **Part I is August 18th**
- Approximately 45 days after finishing Part 1, you will receive an automated email asking you to complete the course.
- You must complete **Part II by October 1, 2017**
- Should you experience problems, technical support is available 24/7 and can be accessed from the "Help" link within the course.

Login Instructions:

Please be sure to use your Purchase College email for your account.

If you DON'T HAVE an EverFi Higher Ed. Account:

1. Go to: www.everfi.com/register
2. Enter the AlcoholEdu/Haven Registration Code: XXXXX
3. Once at your EverFi Dashboard, click **Add a Course** and enter the AlcoholEdu/Haven Registration Code
4. Select "Get Started" to begin each course.

If you DO HAVE an EverFi Higher Ed. Account and need to add courses to your dashboard:

1. Go to www.everfi.com/login
2. Once signed in, click **Add a Course**
3. Enter the AlcoholEdu/Haven Registration Code: XXXXX
4. Repeat to enter the AlcoholEdu/Haven Registration Code
5. Click "Get Started" to begin each course.

Thank you, and enjoy the course.

Sincerely,

Qui Qui Balascio,
Associate Dean for Student Affairs

Students are required to complete part 1 of AlcoholEdu and Haven in order not to have a hold on their account.

Office of Community Engagement – Residence Life:

During August 2016 The Wellness Center conducted an educational training workshop with The Office of Community Engagement (OCE) Resident Advisor (RA), Resident Coordinator (RC) and Para-professional staff. The Wellness Center covered the Substance Abuse continuum of Non-Use, Experimental Use, Recreational/Social Use, Regular Use and Dependent Compulsive Use. The OCE staff was shown the DSM eleven criteria used to determine if a Substance Abuse Disorder is mild, moderate or severe including explanations of impaired control, social impairment, what constitutes risky use and the concepts of tolerance and withdrawal. Wellness staff illustrated signs of alcohol poisoning, what constitutes binge drinking, and signs a student may be abusing drugs or alcohol. The second presentation was the Office of Community Standards which presented the University Code of Conduct, an overview of the College Substance Use policy and consequences of being found responsible for substance related infractions.

Community Standards has seen a result of their presentations when the CORE data is analyzed.

2014 and 2016 CORE Survey Results – Campus AOD policy recognition (AOD = Alcohol or Other Drug)	2014	2016
% of students said the campus has alcohol and drug policies;	87.8%	90.0%
% of students who said they "don't know" about campus AOD policies	12.2%	9.8%

For the some of the OCE staff, addressing conduct violations constitutes a percentage of their job duties. In the Resident Advisor (RA) job description, Conduct and enforcement is listed as “Conflict and Crisis Management”. Conduct and enforcement can account for roughly 20% of the RAs time dependent on the time of year. For the RC staff roughly 25% of their time is with conduct or enforcement, this includes the time spent prepping cases, actual paperwork, and follow-up. This may also include staff that serves on hearing boards for a variety of violations that may or may not include a substance violation. There are other members of OCE that serve in the duty rotation, hear cases at the initial conference level or participate in hearings.

Every year Residence Life conducts a Residence Life and Campus Satisfaction Assessment which had a 74.5% response rate. When asked the question about prevention and education about the negative consequences of Alcohol and Drug use, the students replied as stated below:

	N	Standard Deviation	Mean
Alcohol and Drug Use Questions	365	1.72	5.09
Risk Behaviors - As a result of your on-campus housing experience, you better understand the negative consequences of: Alcohol use	364	1.78	5.06

Risk Behaviors - As a result of your on-campus housing experience, you better understand the negative consequences of: Drug use	352	1.78	5.08
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N is the number of students who answered that question. Mean score is the score we use to determine satisfaction meet. In this case, 5.5 is the mean for Purchase College.

Both Risk Behaviors results (5.06 and 5.08) were below the mean of 5.5 for satisfaction. The results of this survey point to the need for education for the RA and RC staff that can be passed on to the students in the residence life settings.

Wellness Center – Early Interventions

A Wellness Team presents to all freshman in their First Year Experience (FYE) classes. This presentation not only alerts students to confidential resources like the Counseling Center and Wellness Center, but also introduces them to the “college effect” where new students are most at risk for AOD overuse or overdose in the first month or two of being at college. In the Fall of 2016, 530 First Year students came to the Wellness Center for their FYE course.

The Wellness Center tables and presents at the annual Purchase Student Involvement Fair in September, promoting mindfulness our Preventative Health workshops and the Yoga Program. The Wellness Center offers academic credit bearing Wellness internships each semester. Wellness Interns are trained as peer mentors and help promote the eight areas of Wellness to the Purchase Campus. Wellness interns are also trained to educate students about healthy behaviors and the effects of alcohol and other drugs on academic success. Wellness Interns are introduced to the social norms research and approach.

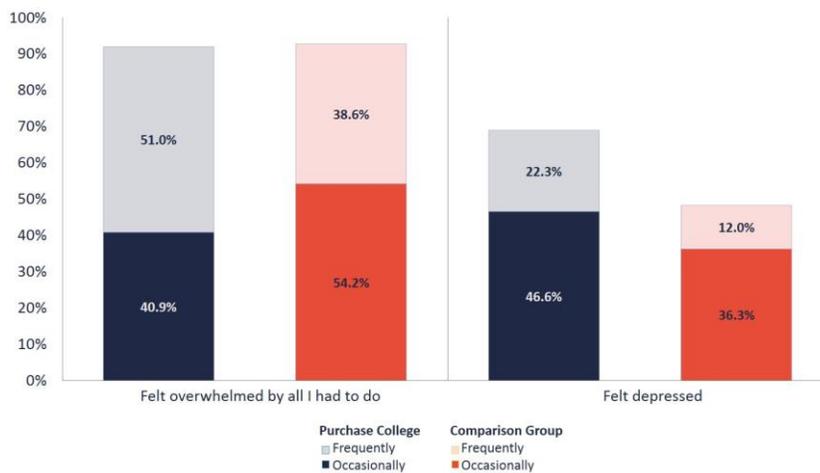
Wellness Center – Substance Counseling Services and Preventative Health

The Wellness Center aims to help students live a healthy balanced life while on campus and beyond. Our programming derives from the eight areas that comprise a state of wellness that are derived from a SAMHSA’s Eight Dimensions of Wellness (<https://www.samhsa.gov/wellness-initiative/eight-dimensions-wellness>) . These areas are: Environmental, Emotional, Social, Occupational, Intellectual, Psychological, Physical and Spiritual. The Wellness Center supports workshops and programming to help raise student’s awareness about the eight areas of Wellness and the relationship between these areas and a state of health and well-being. The Wellness Center ties to focus on preventative topics that help students reduce stress, manage their emotions, live mindfully and be aware how things like sleep, nutrition and exercise can impact their quality of life in a positive direction.

The Wellness Center provides direct services provided to students include confidential substance abuse assessments, referrals for treatment, referral resources, judicially mandated classes, assessments and referrals, support for recovery, and students seeking voluntary substance use support and counseling. The Wellness Center offers services and programs for all students at Purchase College. .

Wellness has an active **Prevention** Component with the goal of reducing risks associated with the abuse of alcohol and other drugs as well as improving the health and wellness of the Purchase College student body. Data from the 2016 Higher Education Research Institute (HERI) CIRP survey (<https://heri.ucla.edu/cirp-freshman-survey/>) indicates that incoming students at Purchase College have higher rates of anxiety and depression than the national averages. The 2016 survey had a response rate of 234 Purchase students compared with a data of 8,810 students at selective four year colleges around the county. The 2016 CIRP Survey of incoming students by the Higher Education Research Institute (HERI) Study found that Purchase College has a higher rate of students who frequently 51.0% “Felt overwhelmed by all I had to do” than the comparison group of 38.6%. The 2016 CIRP Survey also highlighted that Purchase College has a higher rate of students who frequently 22.3% and occasionally 46.6% “Feel depressed” than the comparison group of 12.0% and 36.3%.

Students’ physical and emotional well-being can affect many important aspects of the student experience including academic performance and persistence. These items gauge student behaviors, attitudes, and experiences related to health and wellness.



For over 50 years, the CIRP Freshmen Survey (TFS) has provided data on incoming college students’ background characteristics, high school experiences, attitudes, behaviors, and expectations for college. The survey, created by Dr. Alexander “Sandy” Astin in 1966, has resided at the Higher Education Research Institute at UCLA since 1973. To date, over 15 million students at over 1,900 institutions have participated in the survey.

Comparing the CORE survey results from 2014 and 2016, the number of students who said alcohol “makes it easier to deal with stress” increased from 48.0% to 54.7%. The data metric is congruent with the CIRP study to highlight the role alcohol can play as a stress reducer for Purchase students. Other prevention avenues for educating students include engaging in ongoing outreach through avenues such as the freshman First Year Experience class, undergraduate Wellness Internships for academic credit, Residence Life Professional and paraprofessional Staff Trainings, National Awareness Month Prevention Programs, and others. Wellness focuses on risk reduction, also assists students in efforts to achieve success in college, to negotiate the transition to college life and the separation

from family and familiar environments, to cope with stress and anxiety, to develop social skills, to achieve their educational goals, to enhance their capacity for satisfying interpersonal relationships, to define their career goals, and to make full use of their potential for continued growth beyond their educational experience. Thus, the mission of Wellness and the Wellness Center is to provide services of a primarily developmental, preventative, and educational nature.

The Wellness Center believes in yoga “for a natural high” to offer students an alternative way to feel good in their bodies. The benefits to yoga are numerous and include stress relief, relaxation, improved focus, a sleep aid and promotes a sensation of feeling good in your body, being mindful and grounded. We offer a schedule of yoga classes in our Wellness Center that are free to all students and faculty. Generally there are two or three Yoga classes offered per day that are taught by licensed Yoga practitioners. We also have mats and blocks that students can use to reduce the barriers to attending a class.

Athletics Department

All student athletes are required to sign a code of conduct for the as well as for their own individual team. Coaches regularly have speakers come in to talk to their athletes on how alcohol and other drug use can affect their health and academic success as well as their athletic performance. NCAA Programs are facilitated by coaches and staff.

Counseling Center and Student Health Services

The Counseling Center and Student Health Services are the two additional confidential resources on the Purchase campus for students. The Purchase College Counseling Center, Student Health Services and the Wellness Center work closely to provide a team approach when students have given consent. Often the three departments collaborate by transferring students to the most relevant department based on the students’ needs. The Counseling Center will refer students to the Wellness Center when the student is in need of longer term substance use counseling and could benefit from the services offered by the Wellness Center. The Wellness Center will refer students to the counseling center if there needs are more Mental Health Based and not substance related.

Employee Assistance Program (EAP)

The mission of the New York State Employee Assistance Program is to assist employees and their families in resolving work-related and personal problems in a confidential and professional manner in order to promote health and wellness at work and at home, and to assist agencies in maintaining a healthy and productive work place.

Employees are notified about EAP services available during the New Employee Luncheon as well as emails that go out to faculty and staff at the beginning of the semester. The materials sent to all staff is translated into Spanish as well. EAP information is listed on the university website at:

<https://www.purchase.edu/offices/employee-assistance-program/index.php>

Below is an example of an EAP memo emailed to all Purchase College Faculty, Staff and Employees:

Welcome Back Faculty and Staff!

I hope you all have had a wonderful summer. As your Employee Assistance Program (EAP) Coordinator, I would like to like to take the opportunity to welcome you back for the Fall 2017 semester and give you a little information about the EAP program.

What is EAP?

The mission of the New York State Employee Assistance Program is to assist employees and their families in resolving work-related and personal problems in a confidential and professional manner in order to promote health and wellness at work and at home, and to assist agencies in maintaining a healthy and productive work place.

As your coordinator, I provide free confidential assessment and referral services to employees and their families. The purpose of the assessment is to gather accurate and relevant information about an employee's situation, so that I can provide the appropriate assistance. The use of EAP services is completely voluntary. Although a supervisor or other entity may recommend EAP to an employee, it is the employee's decision whether or not to contact EAP.

I also provide consultation to management, supervisors, and union leaders about workplace issues, the benefit of early referrals to EAP, and how to make referrals. I provide information, assessment, and referrals for a broad range of issues and concerns including mental health and emotional issues; substance, gambling, and other abuse and addictions; co-dependency; legal and financial concerns; marital, relationship, parenting, and family issues; stress; wellness and recovery; child and elder care; grief and loss; and more.

I am here to help you with the resources you may need.

If you would prefer to speak with an EAP coordinator at a different facility, you can also call (800) 822-0244, for a referral to another EAP coordinator.

If you have any questions, or just want to stop by and say "Hi", my office is located in HUM 1002. You may also contact me at (914) 251 – 6098.

Thank you and have a happy and healthy semester!

¡Saludos Empleados de Purchase College!

Espero que hayan tenido un verano relajado y feliz. Como su Coordinadora del programa de Asistencia Al Empleado (EAP), quiero tomar esta oportunidad para darle un poco de información sobre nuestros recursos disponibles y la misión de EAP.

¿Qué Es EAP?

La misión del programa de Asistencia Al Empleado del Estado de Nueva York, es un programa diseñado para ayudar a los empleados y su familia a resolver problemas personales y de trabajo, en una manera confidencial y profesional, que promueve buena salud y el bienestar en la casa y en el trabajo. EAP también puede servir como un recurso agencias para ayudarle y apoyar a mantener un lugar de trabajo saludable y productivo.

Como su Coordinadora, proveo servicios de evaluación y referimiento gratis y confidenciales a los empleados y su familia. El propósito de la evaluación es reunir información precisa y relevante sobre la situación de un empleado, para que pueda proporcionar la asistencia adecuada. El uso de los servicios de EAP es completamente voluntario. Aunque un supervisor u otra entidad pueden recomendar los servicios de EAP a un empleado, la decisión total es del empleado a contactar a EAP.

También ofrezco consultas a la gerencia, los supervisores, y a los líderes de la unión y la comunidad sobre los problemas en el lugar de trabajo, el beneficio de referimientos tempranos a EAP, y como hacer usar mis recursos. Proporciono información, evaluación y referencias para una amplia gama de asuntos incluyendo problemas de salud mental y emocionales; el abuso de sustancias, y otros abusos y adicciones; Co-dependencias; Preocupaciones legales y financieras; problemas matrimoniales, de parentesco y de familia; el estrés; el bienestar y recuperación; Cuidado de niños y ancianos; dolor y pérdida, y más.

Estoy aquí para ayudarle con su pregunta o con que pueda necesitar.

Si prefiere hablar con un Coordinador de EAP en un centro diferente, puedes llamar al (800) 822-0244, para una referencia a otro coordinador de EAP. Para más información sobre nuestro EAP programa auspiciado por GOER puede informarse electrónicamente por esta dirección:

Si tiene alguna pregunta, o simplemente quiere pasar para darme un saludo, mi oficina está ubicada en HUMANITIES #1002. También puede comunicarse conmigo vía (914) 251 – 6098. Estoy aquí para servirle.

¡Gracias y que tengan un año feliz y saludable!

Wellness Housing

Purchase’s Wellness Housing consists of offering students a living environment that is free from alcohol, tobacco and other drugs in one building. RAs living in Wellness/substance free housing work with the Wellness Office to provide Wellness programming for the residents in the community. Students sign a letter of commitment that they want to live in a substance free environment.

Survey Data – The CORE Survey

The CORE survey has been administered to the Purchase College campus community every two years for over 13 years. Starting in 2007 the survey began to be administered online. Comparisons between the 2014 and 2016 CORE surveys highlights a few trends on the Purchase Camps, which will be discussed in the recommendations section of this Biennial review.

CORE Survey comparison, 2014 and 2016 results	2014	2016
Alcohol Use		
% of underage students who consumed Alcohol in previous 30 days	70.6%	64.9%
% of underage students who consumed Alcohol in the past year	90.7%	85.0%
% of students who reported binge drinking in the previous two weeks	48.3%	44.2%
Use of Illegal Drugs		
% of students that are current marijuana users in previous 30 days	44.4%	39.7%
% of students who have used marijuana in the past year	58.9%	57.9%
% of students that have used an illegal drug other than marijuana in the past year (annual prevalence)	32.5%	22.7%
% of students who used Amphetamines in the past 30 days	6.4%	3.9%
% of students who used Cocaine in the past 30 days	6.4%	2.8%
Consequences of AOD use		
% reported some form of public misconduct at least once during the past year as a result of drinking or drug use	42.1%	31.4%
% reported experiencing some kind of serious personal problems (suicidality, being injured, trying to stop using, sexual assault) at least once during the past year as a result of AOD use	39.5%	33.8%
	2014	2016

Campus Environment		
% of students who say they “don’t know” if the campus is concerned about the prevention of AOD use	13.0%	25.4%
% of students who say the campus is not concerned about the prevention of AOD use	30.7%	20.9%
Attitudes about alcohol and drug use		
% of students who believe the social atmosphere on campus promotes alcohol use	71.6%	60.9%
% of students who believe the social atmosphere on campus promotes drug use	74.2%	63.8%
% of students who said they care about alcohol and other drug use	35.6%	44.1%
Rate the perceived degree of “Great Risk” people take when they...		
Smoke marijuana occasionally	5.0%	4.0%
Smoke marijuana regularly	16.2%	12.9%
Try cocaine once or twice	33.0%	28.1%
Take cocaine regularly	78.0%	70.6%
Try amphetamines once or twice	30.0%	33.0%
Take amphetamines regularly	71.0%	69.2%
Take 1-2 drinks of an alcoholic beverage nearly every day	15.6%	19.6%
Take 4-5 drinks nearly every day	72.2%	68.3%
Have 5 or more drinks in one sitting	48.4%	47.5%
Consume alcohol prior to being sexually active	26.8%	30.6%
Sexual Behavior		
Students reported engaging in sexual intercourse within the past year	75.8%	69.6%
...of these, what % of students used alcohol the last time they had intercourse	24.1%	19.0%
...of these, what % of students used drugs the last time they had intercourse	18.7%	15.2%
Friends perceptions of AOD Use		
If I tried marijuana once or twice, what % of my friends would disapprove	16.4%	14.7%
If I smoked marijuana occasionally, what % of my friends would disapprove	23.6%	19.7%
If I smoked marijuana regularly, what % of my friends would disapprove	51.6%	46.3%
If I tried Cocaine once or twice, what % of my friends would disapprove	68.8%	73.6%
If I took Cocaine regularly, what % of my friends would disapprove	94.5%	95.2%
Took one to two drinks every day, what % of my friends would disapprove	48.9%	53.6%
Took four to five drinks every day, what % of my friends would disapprove	89.1%	90.1%
Had five or more drinks at one sitting, what % of my friends would disapprove	32.9%	57.8%
Perceived effects of alcohol		
It breaks the ice	81.1%	77.7%
It makes it easier to deal with stress	48.0%	54.7%
It facilitates a connection to a peer	70.4%	68.1%
It gives people something to talk about	71.4%	64.9%
It allows people to have more fun	69.5%	67.9%
It gives people something to do	77.0%	72.5%
It facilitates sexual opportunity	54.7%	40.7%
Consequences of Alcohol or Other Drug Use		
Tried to commit suicide	3.5%	4.3%
Seriously thought about suicide	16.9%	12.9%
Been taken advantage of sexually	12.9%	14.2%
Taken advantage of another sexually	3.0%	1.5%
Been in trouble with police, residence hall, or other college authorities	12.4%	9.7%
Driven in a car while under the influence	13.5%	11.1%
Got in an argument or fight	33.6%	25.8%
Thought I might have a drinking or other drug problem	20.2%	15.9%
Performed poorly on a test or important project	24.1%	18.3%
Done something I regretted	45.9%	36.4%
Had a memory loss	43.1%	32.8%

CORE Survey data, along with the “Impact Report” from EverFi’s Haven and AlcoholEdu has been used to in assessment of campus attitudes and perceptions. This data is also used to determine where to focus substance use, misuse and abuse programming efforts on the Purchase Campus.

Screening, Brief Intervention and Referral Services

The Wellness Center will continue to coordinate with campus departments and other partners. When a student is mandated by Community Standards to attend one of the 5-7 (per semester) mandated Wellness EDU Class, s/he is given a CRAFFT (Car, Relax, Alone, Forget, Friends, Trouble) screening interview as well as a DSM V Substance Screening Assessment. Additional recommendations could include more counseling sessions and/or referral to identified OASAS inpatient or outpatient treatment providers, which are located on the free Purchase College Shuttle route. The Associate Dean of Student Affairs will continue to refer students for outreach using the Student Alert Button: a system maintained by the At-Risk Committee to refer suspected at-risk students for counseling and intervention and/or the Behavioral Intervention Team (BIT) depending on the severity of perceived risk. Students can also voluntarily seek AOD-related services. Screening/assessment will be administered by Matthew Kraus, MPH, LMHC, LCAT and Roberta Morell, LMHC, CASAC who is supervised by the Wellness Center Director.

Alcohol or Other Drug (AOD) Policy Violation

The College has a collaborative disciplinary enforcement infrastructure to address student Alcohol or Other Drug (AOD) code of conduct infractions. Following AOD incidents (including injury, physical/sexual assault, medical transport, underage consumption/possession, being found intoxicated/impaired by a Residence Life Staff, or a related infraction/interaction with University Police Department), the student may 1) be tracked by the Dean of Student Affairs, 2) receive outreach by the Wellness Center; 3) meet with Community Standards (CS) who recommends a sanction based on the college substance abuse policy; 4) if found responsible by CS for a substance related violation, the student is mandated to the WC for prevention education or for a Substance Use assessment by a Wellness Counselor. In these cases, the sanction also includes compliance with any recommendations determined by the WC counselor after the assessment.

Students sign a document at registration acknowledging they will abide by the Purchase College Student Code of Conduct, which provides standards and sanctions on AOD Violations. A partial list of sanctions related to AOD penalties is listed below, for a full list please see “Consistency of Enforcement” further down in the report.

AOD-Related Code – partial list	Penalty
Underage consumption of alcohol (prohibited)	Min: reprimand; Max: expulsion
Consumption of alcohol (only permitted for students of legal age with door closed; no alcohol permitted in rooms where all assigned students are underage)	Min: reprimand; Max: expulsion
Public intoxication/open container (prohibited)	Min: reprimand; Max: expulsion
Cannabis or derivatives (prohibited)	Min: disciplinary probation; Max: expulsion

Narcotics, hallucinogens, and cannabis concentrates (prohibited except by medical prescription or as permitted by law)	Min: suspension; Max: expulsion
Controlled substances (prohibited for the purposes of altering mental or physical functioning)	Min: disciplinary probation; Max: expulsion

Campus Drug Policy as listed in the University Police Department CLERY Report

<https://www.purchase.edu/live/files/87-2015-annual-security-report>

Purchase College Alcohol and Drug Policies

<https://www.purchase.edu/offices/student-affairs/policies-and-procedures/index.php>

Purchase College is committed to promoting a drug-free campus environment. Consistent with the Drug-Free Schools and Communities Act Amendments of 1989 (Public Law 101-\226), all students and employees are advised that individuals who violate Federal, State or Local laws and campus policies are subject to University disciplinary action and criminal prosecution. UPD has the full authority to enforce all federal and state drug laws. The possession, use or distribution of a controlled substance or dangerous drugs, or any drug unlawful to possess, e.g. marijuana, except as expressly permitted by law, is a violation of law and of campus policy. Penalties may include attendance and completion of appropriate rehabilitation programs in addition to federal, state and local sanctions. Students are made aware there are significant psychological and physiological health risks associated with the use of illicit drugs and alcohol. Physical addiction, loss of control and withdrawal syndrome as well as serious damage to vital organs of the body can result from drug and alcohol abuse.

**Summary of policies governing the use of alcohol on purchase college campus:
Philosophy**

Purchase College is committed to developing and maintaining the health, stability, and wellbeing of the collegiate learning environment. The College considers possession, use, sale, and/or other distribution of illegal drugs to be detrimental to the individual student and to the educational process. In addition, the College considers underage use and/or possession of alcohol and supplying/selling alcohol to those under the legal drinking age to be detrimental to the individual student and to the educational process. 1. The use of illegal drugs is a threat to the health of the individual and also interferes with the efficient pursuit of individual educational goals. 2. The presence of illegal drugs is detrimental to the entire educational community. Their presence interferes with the educational, developmental and creative process. 3. Possession, use, sale or other distribution of illegal drugs violates federal, state, and local laws. The College expects adherence to these laws. No special exemption from civil or criminal law exists for members of a college community. 4. Underage possession/use of alcohol, and sale or other distribution of alcohol to those under the legal drinking age violates federal, state, and local laws. The College expects adherence to these laws. No special exemption from civil or criminal law exists for members of a college community.

Enforcement

The New York State University Police Officers are authorized to arrest violators of alcohol and/or drug laws. If conditions warrant, the College may ask assistance of other law enforcement or investigative agencies. These agencies also have the legal right to operate on the campus without consulting the College. The College cannot and will not shield violators of alcohol and/or drug laws from law enforcement agencies. 2. Violations of these policies will result in disciplinary and/or administrative action, as well as criminal prosecution whenever feasible. Campus disciplinary action will be taken through the appropriate administrative discipline processes for employees and for students. Consequences may include termination or dismissal. 3. The College provides confidential counseling, educational programs, and other services for students seeking assistance related to the use of alcohol or illegal drugs.

Types of Drugs

SCHEDULE I: Heroin, LSD, Mescaline, Psilocybin, other Hallucinogens, PCP, Quaaludes, marijuana, china white, mushrooms, ecstasy, GHB and MDA.

SCHEDULE II: Morphine, Methadone, OxyContin, Demerol, Codeine, precedent, Fentanyl, Dilaudid, Seconal, Nembutal, Cocaine, Crack, Amphetamines, and other opium and opium extracts and narcotics.

SCHEDULE III: Certain barbiturates such as amobarbital and codeine containing medicines such as Fiorinal #3, Doriden, and codeine-based cough suppressants and all anabolic steroids.

SCHEDULE IV: Barbiturates, narcotics and other stimulants including Valium, Talwin, Librium, Euqanil, Darvon, Darvocet, Placidyl, Tranzene, Serax, Ionamin (yellow jackets).

SCHEDULE V: Compounds that contain very limited amounts of codeine, dihydro-codeine, ethylmorphine, opium, and atromine (Robitussin AC).

SCHEDULE VI: Marijuana, THC, Hashish, Hash Oil, Tetrahydrocannabinol

New York State laws regarding alcohol violations

State and Federal Laws are listed in the Student Handbook and available through the Annual Campus Police Crime Report.

Driving While Ability Impaired (BAC Of .05 To .07)

\$300-\$500 fine, up to 15 days in jail and 90 days revocation of license.

Driving While Intoxicated (DWI) (BAC Of .08 Or More)

\$500-\$1000 fine, up to 1 year in jail and minimum 6-month license revocation.

Felony driving while intoxicated (second DWI conviction in 10 years)

\$1,000 - \$5,000 fine, up to 4 years in prison and minimum of 1-year license revocation.

Procuring alcohol for persons under the age of 21

\$200 fine, up to 5 days in jail or both.

Possession by persons under 21

\$50 fine per offense and/or completion of alcohol awareness program and/or community service.

Use of false ID for alcohol purchase

\$100 fine, and/or community service, and/or completion of an alcohol awareness program, and/or revocation of driver's license for 90 days.

Health risks

The use of illegal drugs, tobacco, and the abuse of alcohol may have serious health consequences, including damage of the heart, lungs and other organs. Alcohol-related accidents are the number one cause of death for persons aged 15-24. The most significant health risk, besides death, is addiction. Chemical dependency is a disease that, if not arrested, is fatal. No addict (including alcoholics and smokers) ever thought he/she would become addicted.

- Abuse of alcohol and marijuana during puberty can result in an imbalance of sex hormones resulting in reduced muscle mass and shrinkage of testicles in males and menstrual difficulties and infertility in females.
- The risk of breast cancer is increased by 30% among women who consume 3 or more alcoholic drinks per day.
- The use of hallucinogens (LSD, PCP, Mescaline) can result in an irreversible drug induced psychotic state and/or delusions which may trigger life-threatening behavior.
- The use of cocaine or amphetamines greatly increases the risk of heart attack.
- Stimulants ("uppers", speed, crack, methyl, crystal) may cause permanent damage to the brain, heart, lungs, and other organs from long-term use.
- Medical consequences of alcohol abuse include liver damage and disease, gastrointestinal problems and brain damage, as well as causing injury to a fetus during pregnancy.
- Inhalants ("poppers", rush, laughing gas, glue, paint thinner) may cause mental confusion, mood swings, delusions and hallucinations.
- Depressants ("downers", ludes, reds, 714s, barbs) greatly increase the risk of car crashes because they affect vision, judgment, coordination and physical skills.
- In cases of rape, 75% of the men and 55% of the women involved had been using alcohol or other drugs.

- Research has shown that the strongest predictor of suicide is alcoholism. People with substance use disorders are about six times more likely to commit suicide than the general population. Roughly one in three people who die from suicide are under the influence of drugs, typically opiates such as oxycodone or heroin, or alcohol. (Psychology Today February 20, 2014 article)

What you should know about alcohol

In addition to the immediate dangers from drinking at a single event, there are dangers from patterns of drinking. Some people drink for unhealthy reasons and it can cause negative consequences in their lives. They are alcohol abusers, or problem drinkers. For others (as many as 13% of college males and 5% of college females), the drinking has progressed even further, to alcoholism.

The following are warning signals that may indicate a problem in your drinking pattern:

- Missed classes or work due to hangovers; unfulfilled academic potential or even failing grades due to drinking.
- Accidents and injuries due to drinking.
- Blackouts (inability to remember something that happened while drinking).
- Doing something (for example, a sexual act) contrary to one's values while under the influence of alcohol.
- Fights and arguments, loss of friends or lovers, due to drinking.
- Drinking alone to relieve anxiety, depressions, boredom or loneliness.
- Drinking to feel socially confident.

Why Alcohol is considered a dangerous drug?

The consumption of alcohol is considered by some experts to be the leading cause of death in the U.S. today. Alcohol is a drug that significantly affects all body systems, contributing to the incidence of cancer, heart disease, liver disease, digestive disorders, and brain dysfunction. In fact, its contributions to these problems is greater than that of any other known legal or illegal drug. Alcohol impairs judgment in very specific ways: it may make one "feel" as if he or she is doing better than he or she is. You feel more attractive, wittier, and more in control of the situation – thus, the temptation to take extraordinary risks. The awareness of being impaired is reduced.

Alcohol or Drug Use/Possession Disclosure Policy

Disclosure of Alcohol or Drug Violations of Student Under 21

Pursuant to the Warner Amendment to the Higher Education Reauthorization Act of 1998 [Section 444 of the General Education Provisions Act (20 U.S.C 1232g)], institutions of higher education may disclose, "to a parent or legal guardian of a student, information regarding any violation of any Federal, State, or local law, or of any rule or policy of the institution, governing the use of possession of alcohol or a controlled substance, regardless of whether that information is contained in the student's education records, if (A) the

student is under the age of 21; and (B) the institution determines that the student had committed a disciplinary violation with respect to such use or possession.”

The types of cases in which parents or legal guardians of students who are under the age of 21 are:

- 1) Any case where a student is separated from the College for reasons related to alcohol or controlled substance. A separation from the College, for the purposes of this policy, shall include an interim suspension, expulsion, or involuntary medical leave.
- 2) Any case where a student is transported from the College by ambulance for reasons related to alcohol or controlled substances.
- 3) Any case where a student is found responsible for any charge related to alcohol, marijuana, or a controlled substance.

Alcohol Policy

1. Preamble - The college’s policies and procedures governing the use of alcohol at events which are under the supervision of the college, whether these occur on or off the campus, reflect the following considerations:

- A. Recent changes in societal attitudes regarding the use and abuse of alcohol, coupled with the general concern for its impact on the public’s health and well-being, have been mirrored in changes in local and state laws.
- B. An increasingly litigious society makes all individuals and organizations who serve alcohol and those who sponsor events at which alcohol is provided, regardless of the public or private nature of the event, vulnerable to great liability.
- C. Confusing messages are sent frequently about the role of alcohol in contemporary society; a formal educational program which promotes the responsible use of alcohol is important so that members of the college community are better able to make informed choices about their behavior.
- D. The college—as a public agency—expects adherence to the laws of the State of New York and/or other jurisdictions in which a college-sponsored events occurs. No special exemption from civil or criminal law exists for members of college community.

The college provides confidential counseling and help for students who have problems with alcohol abuse through the Counseling Center, the Wellness Center, and Health Services. The college provides assessment and referrals for faculty and staff (and their family members) who have problems with alcohol and/or drug use through the NYS Employee Assistance Program. Purchase College is committed to fostering an environment that will offer alternative academic and social settings to mitigate against alcohol abuse, e.g., maintaining facilities open to students for socializing after hours; library, studio, and/or study settings that encourage student scholarship; and

appropriate social/academic programming that will engage student interest and participation, particularly on weekends.

II. Legal Background

College policy governing the use and abuse of alcohol beverages reflects three New York State Laws and two ordinances of Town of Harrison, each of which is summarized here:

A. Alcoholic Beverage Control Law, Section 65 (Prohibited Sales):

No person shall sell, deliver, or give away or cause or permit or procure to be sold, delivered, or given away any alcoholic beverages to:

1. Any person actually or apparently under the age of 21 years
2. Any visibly intoxicated person
3. Any habitual drunkard known to be such to the person authorized to dispense any alcoholic beverages

B. Alcoholic Beverage Control Law Section 65 – C (1 and 2) (Unlawful Possession): Except as hereinafter provided no person under the age of 21 years shall possess any alcoholic beverage, as defined in this chapter, with the intent to consume such beverage. A person under the age of 21 years may possess any alcoholic beverage with intent to consume if the alcoholic beverage is given:

- a. to a person who is a student in a curriculum licensed or registered by the state education department and the student is required to taste or imbibe alcoholic beverages in courses which are part of the required curriculum.
- b. to the person under 21 years of age by that person's parent or guardian.

C. Alcoholic Beverage Control Law, Section 65 – B (2)(a) (Fraudulent Identification): No person under the age of 21 years shall present or offer to any license under this chapter, or to the agent or employee of such license, any written evidence of age which is false, fraudulent, or not actually his own for the purpose of purchasing or attempting to purchase any alcoholic beverage.

D. Alcoholic Beverage Control Law, Section 65 – B (3) (Fraudulent Use of Driver's License): In addition to the penalties otherwise provided in subdivision one of this section, if a determination is made sustaining a charge of illegally purchasing or attempting to illegally purchase an alcoholic beverage, the court may suspend such person's license to drive a motor vehicle for 90 days if it is found that it was the written evidence of age used for the purpose of such illegal purchase or attempt to illegally purchase.

E. General Obligations Law: Article 11-100 (Known as the Social Host Law): Any person who shall be injured in person, property, means of support or otherwise, by reason of the intoxication or impairment of ability of any person under the age of 21 years, whether

resulting in his death or not, shall have a right of action to recover actual damages against any person who knowingly causes such intoxication or impairment of ability by unlawfully furnishing to or unlawfully assisting in procuring alcoholic beverages for such person with knowledge or reasonable cause to believe that such person was under the age of 21 years.

F. General Obligations Law: Article 11-101 (Known as the Dram Shop Act): Any person who shall be injured in person, property, means of support or otherwise by any intoxicated person, or by reason of the intoxication of any person, whether resulting in his death or not shall have a right of action against any person who shall, by unlawful selling to or unlawfully assisting in procuring liquor for such intoxicated person have caused or contributed to such intoxication; and in any such action such person shall have a right to recover actual and exemplary damages.

G. Open Containers Prohibited: Town of Harrison LL#21 978 85 – 4: No person shall consume or ingest alcoholic beverage in any public place or transportation facility within the Town of Harrison. Carrying on the person, holding or possessing any open, unsealed, or partially full bottle, can, or container which contains an alcoholic beverage in a public place as herein above defined shall constitute prima facie evidence a violation of this section.

H. Open Containers in Vehicles: Town of Harrison LL#21 978 85 – 5: Any open, unsealed, resealed, or partially full bottle, can or container which contains an alcoholic beverage found in any vehicle in any such public place or transportation facility shall be prima facie evidence that the same is in possession of all the occupants of said vehicle and in possession of the person last having control and custody of said vehicle.

III. The Policy

The use of alcoholic beverages by those of legal age is permitted on college property and as college-sponsored events in accordance with applicable State Laws and college policies as stated herein. Responsibility for ensuring compliance with these laws and policies rest with each member of the college community, whether student, faculty, or staff.

In compliance with State law and Town ordinance, open containers of alcoholic beverages are permitted in public spaces on campus only at registered events or contract vendor operations. "Public spaces" include hallways, stairwells, lounges, and instructional areas of all buildings.

In support of the responsible use of alcohol, kegs are not permitted on campus except as provided by a contract vendor at registered public events and in food service operations as provided in this policy.

When alcohol is used illegally or when inappropriate behavior accompanies and/or follows the use of alcoholic beverages (e.g., behavior which violates the rights of others in the community or causes personal injury and/or property damage), these actions become a legitimate concern of the college community. Such behavior shall be considered a serious offense and may result in disciplinary, administrative, criminal, or civil action. Campus disciplinary action will be taken through the judicial process and consequences may range from verbal warnings to the most severe disciplinary penalty.

The college provides confidential counseling, educational programs, and other services for those students seeking assistance for problems related to alcohol.

This policy shall be reviewed on an annual basis by the Alcohol and Drug Policy Review Committee who will make recommendations for changes and updates in the policy to the college governance structure.

IV. Policies for personal use and possession in private facilities

- A. The college permits personal use and possession of alcoholic beverages by those of legal age in small, informal gatherings in private facilities as provided in this policy. Personal use and possession of alcoholic beverages as defined in this section do not have to be registered.
- B. Residence Facilities (Residence Halls & Apartments): In private living units (rooms, suites, or apartments) where none of the assigned residents are 21 years old or older, alcoholic beverages may not be present.
- C. Residence Facilities (Residence Halls & Apartments): In private living units (rooms, suites, or apartments) where one or more of the assigned residents are 21 years old or older, alcoholic beverages may be consumed by residents and their guests who are 21 years old or older under the following guidelines:
 - 1) Private living units are defined as: Rooms, suites, apartment spaces that are not generally accessible to the general public, where a student may have a reasonable expectation of privacy. Alcoholic beverages may not be consumed outside at any time, including in the apartment complexes.
 - 2) Under the "Personal Use" category, the maximum number in attendance may not exceed the limits set below:
 - For units designed to accommodate one to two people: 6 people
 - For units designed to accommodate four people (apartments/suites): 10 people
 - For units designed to accommodate six to eight people (apartments/suites): 14 people
 - 3) The host(s) will prevent disruptive and excessive noise, which may be disturbing to area residents, and be accountable for the behavior of his or her guests.

D. Other Campus Facilities: Students, faculty, or staff members who are 21 years of age or older may consume alcoholic beverages within their office, personal studio, or similar private space in groups of 10 or fewer individuals if permitted under guidelines established by their supervisor and the dean, chair, or director responsible for managing the building.

V. General Policies for Other than Personal Use

- A. Direct or indirect charges for alcoholic beverages may be levied only if provided by a contract vendor with the appropriate license liability insurance coverage. That vendor must operate in compliance with State law and college policies, and will be held accountable for ensuring that enforcement takes place.
- B. For both small, private gatherings and large, public open events, everyone wishing to obtain alcoholic beverages, whether sold or given away, must present picture identification as proof of age. This is generally a driver's license or sheriff's ID. Any question about the legitimacy of such proof with result in denial of service.
- C. A reasonable amount of non-alcoholic beverages (other than water) and food must be provided at any event where alcoholic beverages are served. There must be a sufficient quantity and variety of nonalcoholic beverages available at all times during the function to meet the legitimate needs of nondrinkers.
- D. Under no circumstance may individual be permitted to bring their own alcoholic beverages to an event where alcohol is being served under the provisions of this policy, nor to a nonalcoholic event.
- E. Alcoholic beverages may only be served within the hours indicated at the location stated on the registration form, and cannot be removed from that location. Services of alcoholic beverages may not exceed midnight at functions scheduled on Sunday through Thursday and may not exceed 1:30 a.m. for function scheduled Friday and Saturday.
- F. All other than personal use of alcoholic beverages, such as small private gatherings or larger, open, public events, must be registered with the appropriate dean, chair, or director responsible for managing the building (residence coordinators for residence units as stated in sections VI and VII of this policy).

VI. Special policies for small, private gatherings

A small private gathering is defined to include any social event or function larger than that defined as "Personal Use" above but is less than the maximum attendance limitations described below. Small private gatherings are events that are closed to the general public (are not advertised) and generally who will attend is known in advance. For example, the

party host(s) should be able to draw up a guest list or invitation list in advance containing the names of those who will be attending.

Small, private gatherings must be registered with the appropriate dean, chair, or director responsible for managing the building (residence coordinators for residence units).

A. Residence Facilities (Residence Halls & Apartments): Small-group social events are an important part of life in a college residential setting. Periodically, residents may choose to include alcoholic beverages as part of their refreshments.

- 1) In the small, private gathering category, the maximum number in attendance may not exceed the limits set below:
 - For units designed to accommodate one to two people: 8 people
 - For units designed to accommodate four people (apartments or suites): 16 people
 - For units designed to accommodate between six and eight people (apartments or suites): 24 people

Suites, rooms, and apartments are not designed for larger events which should take place in specific lounges and group programming spaces that have been made available in other facilities for this purpose.

- 2) The college holds resident host(s) responsible for the use of alcohol and the actions of their guests; residents and their guests are expected to comply with the laws and policies governing alcohol and will be held accountable for such.
- 3) Small, private gatherings in residence facilities are only allowed in the apartment complexes. They must be registered with the Apartments Complex Office by no later than the Tuesday prior to the event. Residence Life will forward notice to the New York State University Police. Registration forms are available from the Apartments Complex Office during normal business hours Monday through Friday.

a. The registration will be approved by the residence coordinator if:

- i. The host(s) have made plans for enforcing and indicate an intent to adhere to all campus policies and state and local laws governing the sale, services, provision, possession and consumption of alcoholic beverages.
- ii. Appropriate plans have been made by the host(s) to limit the amount of alcohol, to provide food and nonalcoholic beverages, to control noise, and to ensure that the event does not have a negative impact on the comfort of area residents.

b. The host(s) will then complete the Alcoholic Beverages Registration Form which requires the signature of the residence coordinator. In addition, the signature of the host(s) who will be assuming responsibility for the event must be on the form. These signatures indicate acceptance of the responsibility to assist in

planning the event, agreement to be present at the event for its entire duration, and to enforce all applicable laws and policies. The approved Alcohol Beverage Authorization must be posted in a public place at the location alcohol is being served.

c. If alcoholic beverages are dispensed at no charge, the residence coordinator must approve the hosts' plans for staffing the alcohol service, including age identification/"proofing" and serving. The residence coordinator may refuse to approve a registration based upon inadequate planning or perceived lack of commitment to enforce college policy and the law.

4) Alcoholic beverages may only be served within the hours indicated and at the location stated on the registration form, and cannot be removed from the location.

5) The host(s) will prevent disruptive and excessive noise, which may be disturbing to area residents, and be accountable for the behavior of his or her guests.

B. Other Campus Facilities:

1) Small, private gatherings may be held inside other campus facilities as permitted in this policy and in locations as designated by the individual dean, chair, or director responsible for managing the building.

2) In the small, private gathering category, the maximum number who may gather is 50. Large events must take place in specific programming spaces that have been made available on campus and designated for this purpose by the dean, chair, or director responsible for managing the building. The college holds the host(s) responsible for the use of alcohol and the actions of those in attendance at the small private gathering, and all present are expected to comply with the laws and policies governing alcohol and will be held accountable for such.

3) Small, private gatherings must be registered with the dean, chair, or director responsible for managing the building, as outlined below, no less than five business days prior to the event, and notice forwarded to the New York State University Police. Registration forms are available from the dean, chair, or director responsible for managing the building and distribution is noted on the form.

a. The registration will be approved if:

i. The sponsor/host(s) have made plans for enforcing and indicate an intent to adhere to all campus policies and state and local laws governing the sale, service, provision, possession, and consumption of alcoholic beverages.

ii. Appropriate plans have been made by the sponsor/host(s) to limit the amount of alcohol, to provide food and nonalcoholic beverages, to control noise, and to ensure that the event does not have a negative impact on other normal activities in the vicinity.

- b. When making space reservations, the sponsor of an activity will check with the dean, chair, or director responsible for managing the building(s) in which the event is planned to determine designated spaces where alcoholic beverages can be served.
 - c. The sponsor will then complete the Alcoholic Beverages Registration Form, which requires the signature of the dean, chair, or director responsible for the space. In addition, the sponsor will obtain the signature of the faculty or staff member and the host(s) who will be assuming responsibility for the event. These signatures indicate acceptance of the responsibility to assist in planning the event, agreement to be present at the event for its entire duration, and to enforce all applicable laws and policies. The approved Alcohol Beverage Authorization must be posted in a public place at the location alcohol is being served.
 - d. If alcoholic beverages are dispensed at no charge, the dean, chair, or director responsible for managing the building must approve the hosts' plans for staffing the alcohol service, including age identification/"proofing" and serving. The dean, chair, or director responsible for managing the building may require professional staffing and/or refuse to approve a registration based upon inadequate planning or perceived lack of commitment to enforce college policy and the law.
- 4) Alcoholic beverages may only be served within the hours indicated at the location stated on the registration form, and cannot be removed from the location. Service of alcoholic beverages may not exceed midnight at functions scheduled on Sunday through Thursday and may not exceed 1:30 a.m. for functions scheduled Friday and Saturday.
 - 5) Hours for events must conform with building hours unless prior approval for an extension has been obtained. Serving of alcoholic beverages must end one-half hour prior to the end of the function. All activity must end by the determined closing time of the program.
 - 6) The host(s) will prevent disruptive and excessive noise, which may be disturbing to normal functions in the vicinity, and be held accountable for the behavior of his or her guests.
 - 7) Guests must be accompanied by a Purchase College student, faculty, or staff member who is responsible for the behavior of the guests. Problems caused by guests without an identifiable host or hostess will be the responsibility of the sponsor.
 - 8) Sponsoring groups are responsible for the condition of the facility at the end of an event. Organizations or individuals will be charged for any custodial work required and/or any damage. In addition, future use of campus facilities may be denied.

VII. Special policies for larger, open, or public events

- A. Larger events, or events that are open to the public, that include alcoholic beverages are permitted in College buildings, and in designated spaces outdoors, under directives of this policy. The dean, chair, or director responsible for managing the building may designate specific programming spaces where these events can occur and may establish additional regulations pertaining to such events. The dean, chair, or director responsible for managing should discuss with the host(s) prior to registering the event.
- B. Larger events or events that are open to the public must be registered with the dean, chair, or director responsible for managing the building or area they are held, as outlined below, no less than five business days prior to the event, and notice forwarded to the New York State University Police. Registration forms are available from the dean, chair, or director responsible for managing the building and distribution is noted on the form.
- 1) The registration will be approved if:
 - a. The sponsor/host(s) have made plans for enforcing and indicate an intent to adhere to all campus policies and state and local laws governing the sale, service, provision, possession, and consumption of alcoholic beverages.
 - b. Appropriate plans have been made by the sponsor/host(s) to limit the amount of alcohol, to provide food and nonalcoholic beverages, to control noise, and to ensure that the event does not have a negative impact on other normal activities in the vicinity.
 - 2) When making space reservations, the sponsor of an activity will check with the dean, chair, or director responsible for managing the building(s)/area(s) in which the event is planned to determine designated spaces where alcoholic beverages can be served.
 - 3) The sponsor will then complete the Alcoholic Beverages Registration Form which requires the signature of the dean, chair, or director responsible for the space. In addition the sponsor will obtain the signature of the faculty or staff member and the host(s) who will be assuming responsibility for the event. These signatures indicate acceptance of the responsibility to assist in planning the event, agreement to be present at the event for its entire duration, and to enforce all applicable laws and policies. The approved Alcohol Beverage Authorization must be posted in a public place at the location alcohol is being served.
 - 4) If alcoholic beverages are dispensed at no charge, the dean, chair, or director responsible for managing the building must approve the hosts' plans for staffing the alcohol service, including age identification/"proofing" and serving. The dean, chair, or director responsible for managing the building may require professional staffing and/or refuse to approve a registration based upon inadequate planning or perceived lack of commitment to enforce college policy and the law.

- 5) If alcoholic beverages are to be dispensed at a fee, the alcohol service must be contracted to the college's Food Service. Any waiver from this requirement must be obtained, in writing, from the college's contract administrator.
- C. Alcoholic beverages may only be served within the hours indicated at the location stated on the registration form, and cannot be removed from the location. Service of alcoholic beverages may not exceed midnight at functions scheduled on Sunday through Thursday and may not exceed 1:30 a.m. for functions scheduled Friday and Saturday.
- D. Hours for events must conform with building hours unless prior approval for an extension has been obtained. Serving of alcoholic beverages must end one-half hour prior to the end of the function. All activity must end by the determined closing time of the program.
- E. Guests must be accompanied by a Purchase College student, faculty, or staff member who is responsible for the behavior of the guests. Problems caused by guests without an identifiable host or hostess will be the responsibility of the sponsor.
- F. For any event of this type where more than 50 people are in attendance, a separate area must be designated and secured for serving alcoholic beverages. It must be designed or planned so that only persons 21 years of age or older may enter this area to serve or be served. For any event of this type, beverages may not be passed outside this area. Nonalcoholic beverages and food must be available in all areas of the event. Where it is anticipated that more than 50 people will be in attendance, a faculty/staff supervisor must be present throughout the event.
- G. Sponsoring groups are responsible for the condition of the facility at the end of an event. Organizations or individuals will be charged for any custodial work required and/or any damage. In addition, future use of campus facilities may be denied.
- H. If it is deemed necessary to ensure the safety of individuals or of property at large event, the dean, chair, or director responsible for the building may require University police officers to be assigned. The cost for this extra service will be charged to the sponsor.
- I. The availability of alcoholic beverages must not be the central focus of the advertising for the event through direct or indirect reference. If the availability of alcohol is mentioned in advertising, the availability of nonalcoholic beverages must also be included.

Controlled Substance Policy

I. Preamble

Purchase College is committed to developing and maintaining the health, stability and well-being of the collegiate learning environment. The College considers the possession, use, sale, and other distribution of illegal drugs to be detrimental to the individual student and to the education process.

- A. The use of illegal drugs is a threat to the health of the individual and also interferes with the efficient pursuit of the individual's educational goals.
- B. The presence of drugs is detrimental to the entire educational community. Their presence interferes with the educational development and creative process.
- C. Possession, use, sale, or other distribution of illegal drugs violates federal, state and local laws. The College expects adherence to these laws. No special exemption from civil or criminal law exists for members of a college community.

II. The Policy

In order to protect the educational environment and safeguard the health and well-being of the individual and the community, the College policy concerning illegal drugs will be as follows:

- A. The possession, use, sale, or other distribution of narcotics, hallucinogenics or controlled substances (except as permitted by law) on the campus by any student, employee, or visitor, will be considered a serious offense.
- B. The use, sale, or possession of any drug paraphernalia, including, but not limited to, water pipes, bongs, and hypodermic syringes/needles not prescribed by a licensed physician will be subject to disciplinary action.

III. Enforcement

- A. University Police Officers are authorized to arrest violators of drug laws. Should conditions warrant, the College may ask assistance of other law enforcement or investigative agencies. These agencies also have the legal right to operate on the campus without consulting the College. The College cannot and will not shield violators of drug laws from law enforcement agencies.
- B. Violations of these policies will result in disciplinary or administrative action, as well as criminal prosecution whenever possible. Campus disciplinary action will be taken through administrative discipline processes for employees and through the discipline process for students.
- C. Sanctions for specific controlled substance offenses by students are outlined in the "Community Standards of Conduct." Consequences for employees may include termination or dismissal.
- D. The College provides confidential counseling, educational programs and other services for those students seeking assistance for problems related to the use of illegal drugs.

Federal Penalties

The Federal Controlled Substances Act provides penalties of up to 15 years imprisonment and fines of up to \$25,000 for unlawful distribution or possession with intent to distribute narcotics. For unlawful possession of a controlled substance, a person is subject to one year of imprisonment and fines up to \$5,000. Any person who unlawfully distributes a controlled substance to a person under 21 years of age may be punished by up to twice the term of imprisonment and fine otherwise authorized by law.

Federal trafficking penalties for first offense **Schedule I&II** drugs range from a minimum of 5 years to a maximum of life in prison and a fine of \$1 million for an individual or \$10 million if not an individual. Penalties for first offense trafficking **Schedule III&IV** drugs range up to 5 years in prison and a fine of \$250,000 for an individual or \$1 million if not an individual. Federal penalties for first offense trafficking marijuana range up to a maximum of life in prison and up to \$4 million fine for an individual or \$10 million if not an individual, depending on the quantity of marijuana.

III. Evidence Based Practices, Evaluation and Data Monitoring

The Purchase College campus is unique in that it does not border any town center or nightlife area, rather it is surrounded by affluent neighborhoods that rarely even offer students an off campus housing opportunity. The lack of immediate off-campus opportunities for AOD use is a protective factor as access to substances needs to involve transportation. Yet the lack of nightlife is also a risk factor as boredom is frequently sighted as a reason to use substances. Many students also seek entertainment far away from campus in cities like White Plains, Port Chester, or New York City. Purchase has renowned undergraduate arts conservatory programs and many students identify as creative artists who are under the impression that substance use fuels creativity. Due to these risk factors, Purchase College students use substances at **rates higher than the national average** (70% drank alcohol in the last month compared to 60% of students nationally per the National Institute on Alcohol Abuse and Alcoholism). Core Alcohol and Drug Survey results in 2014 and 2016 confirm high student AOD usage:

From CORE survey, percentage of students who reported:	2014	2016
Consuming alcohol in the past 30 days	74.7%	70.0%
Consuming alcohol in the past 30 days and being underage (<21)	70.6%	64.9%
Binge drinking (5 or more drinks in one sitting) in the past two weeks	48.3%	44.2%
Using marijuana in the past year	58.9%	57.9%
Using an illegal drug other than marijuana in the past year	32.5%	22.7%
Public misconduct in the past year due to alcohol/drug use	42.1%	31.4%
Serious personal problem in the past year due to alcohol/drug use	39.5%	33.8%

The Wellness Center at Purchase College tracks data about students who engage in AOD services. During the 2015/16 and 2016/17 academic years, the Wellness Center saw a total of 167 students for AOD Counseling or the Wellness Edu Class. From these 167 students, a

total of 344 appointments were generated and 8% were referred to receive an intake assessment at a higher level of care.

Of the 167 students who interfaced with the Wellness Center for AOD services during the 2015/16 and 2016/17 academic years...	Number	Percent
Completed Community Standards mandated Wellness EDU Class	73	44%
Completed Community Standards mandated AOD assessment	42	25%
Participated in mandated AOD counseling as a result from assessment	23	14%
Participated in voluntary AOD counseling	29	17%

The New York State University Police Department (UPD) is responsible for law enforcement, security, and emergency response for the campus, and reported one DWI arrest in 2015 and the additional following AOD-related incidents in 2015/16 and 2016/17:

UPD	On-Campus		Residential Facilities		Non-Campus	
	2015/16	2016/17	2015/16	2016/17	2015/16	2016/17
Liquor law violations	32		10		0	
Drug law arrests	5		2		0	
Drug law violations	82		71		0	

IV. Consistency of Enforcement

Community Standards Student Code of Conduct

The Office of Community Standards fosters student learning, personal integrity, and ethical development by holding students accountable for behavior that is not consistent with the college's code of conduct. We seek to assist students in developing a strong community that is dependent on respect for the rights of others, considerate behavior, and good judgment.

This is achieved by collaborating with other campus partners to facilitate a secure and civil campus where learning, growth and development can take place both inside and outside of the classroom, and educating students in positive decision-making skills that prepare them to enter a global society while promoting healthy and safe lifestyles. Community Standards has led many presentations to residence life staff, students and parents of students to increase awareness of the Student Code of Conduct. From the CORE Data collected in 2014 and 2016, it appears to be making a difference.

2014 & 2016 CORE Survey – Recognition of Campus AOD policy	2014	2016
% of students said the campus has alcohol and drug policies;	87.8%	90.0%
% of students who said they "don't know" about campus AOD policies	12.2%	9.8%

The Office of Community Standards consists of 1 Director, 1 Conduct Officer, and 1 Administrative Assistant and the main function is to oversee the enforcement of and education about the Student Code of Conduct. The Director reports to the Associate Dean for Student Affairs and the Conduct Officer and Administrative Assistant report to the Director. The Director has over 10 years of conduct experience, the Conduct Officer at the

time of this report had approximately 5 years of experience, and the Administrative Assistant has approximately 2 years of legal and conduct experience. Below is a chart that highlights the caseload that Community Standards Processed between 2015 and 2017.

Characteristic	2015/16	2016/17
# of Addressed Cases	2,387	2,315
# involving Alcohol	186	146
# involving Drugs	168	165
# involving Alcohol & Drug Combination	19	24
# involving Any Substances	373	335

Charge Types	2015/16	2016/17
# of Addressed Cases	2,387	2,315
Controlled Substance (E.8A & E.8C)	12	13
Drug Sale (E.8D)	5	3
Cannabis (E.8B)	153	176
Drug paraphernalia (E.8E)	61	68
Underage consumption of alcohol (E.9A)	50	57
Other alcohol violation (E.9, E.9B, E.9C, E.9D)	152	161

All Alcohol and Drug charges have recommended standards that the college follows to ensure consistency with enforcement. However, extenuating circumstances that may affect sanctioning include:

- Graduation (2 weeks away)
- Good Samaritan Policy
- Guest Behavior
- Additional charges associate with substance use, such as destruction to property
- A disciplinary history with the college

Case Profiles: 2015-2017 Sanctions Issued for Substance Violations

<i>Fall 2015 – Spring 2017</i> <i>Charge Types</i>	# of Cases	Disciplinary Reprimand	Residence Probation	Disciplinary Probation	Residence Suspension	Suspension	Expulsion	Not Responsible
Controlled Substance (E.8A & E.8C)	25	0	0	2	1	5	3	14
Drug Sale (E.8D)	8	0	0	0	0	0	6	2
Cannabis (E.8B)	329	0	0	106	13	9	5	196
Drug paraphernalia (E.8E)	129	0	1	61	1	4	5	57
Underage consumption of alcohol (E.9A)	107	39	0	41	0	2	0	25
Other alcohol violation (E.9B, E.9C, E.9D)	294	133	6	31	2	5	0	107

2016-2017 Code Violations Issued for Substance Violations:

The Code violations listed in the Purchase College Code are included below. Purchase College, requires that all students read the Code prior to any registration period through the use of a “pop up” window prior to enter the registration screen. The Code is also sent each semester by the Office of Community Standards and the Registrar through campus wide emails. As such, the Code of Conduct is distributed electronically to all students as a living document on our website, as well as through campus emails and the registration “pop-up.” Finally, the Office of Community Standards conducts several presentations regarding the Student Code of Conduct starting with July Orientation, August Welcome Week, and various classroom presentations throughout the academic year.

Code Violations:

- E.8a Uses or possesses narcotics, hallucinogens, concentrated cannabis, synthetic drugs, or any other controlled substances except as a medical prescription or as permitted by law (see College Drug Policy, Schedules I-V).¹
Minimum: Suspension Maximum: Expulsion
Recommended Standard 1st Offense: Suspension for one semester, mandatory substance assessment and compliance with the terms of the assessment prior to return, and disciplinary probation upon return for one academic year (Includes parental notification).
Recommended Standard 2nd Offense: Expulsion (Includes parental notification).
- E.8b Uses or possesses cannabis or derivatives of cannabis, except as defined in the College Drug policy.

Minimum: Disciplinary Probation Maximum: Expulsion
Recommended Standard 1st Offense: Disciplinary probation for one year, mandatory substance education class (Includes parental notification).
Recommended Standard 2nd Offense: Suspension for one semester, a mandatory substance assessment and compliance with the terms of the assessment prior to return, disciplinary probation upon return for one academic year (Includes parental notification).
Recommended Standard 3rd Offense: Expulsion (Includes parental notification).
- E.8c Uses or possesses controlled substances as defined by the New York State Public Health Law (Except as defined in #s 8a, 8b, 9a, 9b, and 9c) for the purposes of

¹ *Controlled substance* (as defined by the New York State Penal Law) means any substance listed in Schedules I, II, III, IV, or V of section 3306 of the New York State Public Health Law, other than Marijuana, but including concentrated cannabis as defined by the New York State Health Law (Section 3302, paragraph a, subdivision 5).

Concentrated Cannabis is defined by the New York State Health Law (Section 3302, paragraph a-5)

altering mental or physical functioning, except as permitted by law.²

Minimum: Disciplinary Probation Maximum: Expulsion

Recommended Standard 1st Offense: Suspension for one semester, mandatory substance assessment and compliance with the terms of the assessment prior to return, and disciplinary probation upon return for one academic year (Includes parental notification).

Recommended Standard 2nd Offense: Expulsion (Includes parental notification).

E.8d Manufactures, distributes, sells, gives, or offers cannabis or its derivatives, narcotics, hallucinogens, or controlled substances.

Minimum: Suspension Maximum: Expulsion

Recommended Standard 1st Offense: Expulsion (Includes parental notification).

E.8e Uses, possesses, gives, or has under their control any drug or alcohol paraphernalia, including but not limited to water pipes, bong, beer balls, kegs, grinders, and hypodermic syringes/needles not prescribed by a licensed physician.

Minimum: Reprimand Maximum: Disciplinary Probation

Recommended Standard: Disciplinary probation for one academic year. (For paraphernalia associated with drugs other than cannabis, a mandatory substance assessment and compliance with the assessment will also be included).

E.9a Underage Consumption of Alcohol

Minimum: Reprimand Maximum: Expulsion

For students that are sanctioned to a substance education class:

Recommended standard 1st Offense: Disciplinary Reprimand, substance education class (Includes parental notification).

Recommended Standard 2nd Offense: Disciplinary probation for one year, a substance assessment and compliance with the terms of the assessment (Includes parental notification).

Recommended Standard 3rd Offense: Suspension for one semester, a substance assessment and compliance with terms of the assessment prior to return, disciplinary probation for one year upon return (Includes parental notification).

Recommended Standard 4th Offense: Expulsion (Includes parental notification).

For students that are sanctioned to a substance assessment:

Recommended Standard 1st Offense: Disciplinary probation for one year, a substance assessment and compliance with terms of the assessment (Includes parental notification).

Recommended Standard 2nd Offense: Suspension for one semester, a substance assessment and compliance with terms of the assessment prior to return, disciplinary probation for one year upon return (Includes parental notification).

Recommended Standard 3rd Offense: Expulsion (Includes parental notification).

² Such substances include, but are not limited to glue, nitrous oxide, ketamine, or related substances.

- E.9b Possesses an open container of alcohol. A container of alcohol is considered open when it is found in a public area not assigned to a student (e.g. hallways, lobbies, balconies, porches, outdoors, etc.)
 Minimum: Reprimand Maximum: Disciplinary Probation
 Recommended Standard 1st Offense: Disciplinary Reprimand
 Recommended Standard 2nd Offense: Disciplinary Probation for one semester and a substance education class.
- E.9c Public Intoxication. Public areas are those not assigned to a student (e.g. hallways, lobbies, balconies, porches, outdoors, residence assignment other than their own, etc.)
 Minimum: Reprimand Maximum: Expulsion
For students that are sanctioned to a substance education class:
 Recommended standard 1st Offense: Disciplinary Reprimand, substance education class (Includes parental notification).
 Recommended Standard 2nd Offense: Disciplinary probation for one year, a substance assessment and compliance with the terms of the assessment (Includes parental notification).
 Recommended Standard 3rd Offense: Suspension for one semester, a substance assessment and compliance with terms of the assessment prior to return, disciplinary probation for one year upon return (Includes parental notification).

 Recommended Standard 4th Offense: Expulsion and parental notification (Includes parental notification).
For students that are sanctioned to a substance assessment:
 Recommended Standard 1st Offense: Disciplinary probation for one year, a substance assessment and compliance with terms of the assessment (Includes parental notification).
 Recommended Standard 2nd Offense: Suspension for one semester, a substance assessment and compliance with terms of the assessment prior to return, disciplinary probation for one year upon return (Includes parental notification).
 Recommended Standard 3rd Offense: Expulsion (Includes parental notification).
- E.9d College Alcohol Policy - All students must comply with the College Alcohol Policy:
- Students of legal drinking age are permitted to consume alcohol in their rooms, suites, or apartments with the door closed.
 - No alcohol is permitted in rooms, suites, or apartments where all assigned students are under 21 years old.
 - If a room is shared by students who are under age and of legal drinking age, it must be clear that the alcohol is being consumed by those who are 21 years of age or older.

- Alcohol or empty alcohol containers are not permitted in freshman or wellness residence assignments even if one or more residents are of legal drinking age.
- No person shall sell, deliver, give away, or cause, permit, or procure the sale, delivery, or giving away of alcoholic beverages to any person that is under the age of 21 years.
- No person under the age of 21 may possess any alcoholic beverage. (Please see Alcohol Beverage Policy)

Minimum: Reprimand

Maximum: Suspension

V. Recommendations for Improvement

1) OASAS Grant. In early May 2017 Purchase College was awarded an OASAS grant “College Environmental Prevention: Using the Strategic Prevention Framework to Prevent and Reduce Underage Drinking and Drug Use.” The funding will support the development of Regional Coalition consisting of partners from other colleges, local high schools, OASAS funded programs, Westchester Public health officials, students and other community partners. The coalition will help strengthen local prevention efforts. A brief description of the Press Release is here (provides a brief overview of the grant objective): <https://www.governor.ny.gov/news/governor-cuomo-announces-25-million-prevent-drug-use-and-underage-drinking-20-suny-and-cuny>

Using a Strategic Prevention Framework and looking at the Purchase College campus from an Environmental Prevention Framework, Purchase College should begin to see a change in social norms. Purchase College should also see a reduction in markers of underage substance use, misuse and abuse as well as negative outcomes (missed classes, interpersonal violence, injuries, and sexual violence) that come from substance misuse.

2) Improved Resident Advisor (RA) and Resident Coordinator (RC) Staff Training.

Another identified area for improvement occurs around the Office of Community Engagement Resident Advisor (RA) and Resident Coordinator (RC) Staff. Resident Advisors are often placed in a difficult role when they encounter an underage peer in the dorm who is under the influence. RA’s must decide between making a referral to seek help or turn a deaf ear on the situation and let the student go on their way. RAs would benefit from additional AOD training from a professional health educator. An NY OASAS facility has been contacted and attempts are being made to connect this trainer to the RA and RC staff. Data from the 2017 Residence Life and Campus Satisfaction Assessment that was completed by 365 students.

	N	Standard Deviation	Mean
Alcohol and Drug Use Questions	365	1.72	5.09

Risk Behaviors - As a result of your on-campus housing experience, you better understand the negative consequences of: Alcohol use	364	1.78	5.06
Risk Behaviors - As a result of your on-campus housing experience, you better understand the negative consequences of: Drug use	352	1.78	5.08

N is the number of students who answered that question. Mean score is the score we use to determine satisfaction meet. In this case, 5.5 is the mean for Purchase College.

Both Risk Behaviors results (5.06 and 5.08) were below the mean of 5.5 for satisfaction. The results of this survey point to the need for education for the RA and RC staff that can be passed on to the students in the residence life settings.

3) Improved training for University Police Department (UPD). The State of NY University Police Department is often called to assess, triage and students who are found intoxicated or under the influence of substances. A recommendation for the future is to improve the training offered to UPD officers on how to assess substance use, offer NARCAN training, reinforce the importance and procedure of Community Standards and confirm the on campus resources designed to help students such as the Counseling Center and the Wellness Center.

4) Changes to assessment structure at Wellness Center. Currently when a student breaks the College Alcohol or Other Drug Code of Conduct the student is mandated to attend a psychoeducational Wellness Education Class or receive a substance use assessment. In order to improve detection efforts of at-risk students, the Wellness Center will introduce an additional layer of Substance Abuse screenings to the Wellness Class. Students will be administered either a CRAFFT Screening Interview or the DAST-10 if their code of conduct infraction involved prescription pill misuse or abuse. If a student scores a significant score on either screening tool they will be required to have an assessment by one of the counselors in the Wellness Center. Students who are mandated to receive an assessment already undergo a CRAFFT and DSM V Substance Abuse Screening Test but will now be administered a DAST-10 as well.

As the OASAS grant (see Recommendation #1) gets underway in the Fall of 2017, the Wellness staff will receive a begin to use a BASICS Screening model which includes a 30 day follow up visit for students to track attitude and behavior shifts resulting from the intervention. Using the BASICS Model will entail training the Wellness Center staff on the model.

5) Substance Abuse Education and Awareness. Since the introduction of the Wellness Center at Purchase in 2006 a lot has been accomplished in educating the campus community about Wellness and, in turn, alcohol and other drug prevention. Programs and events are scheduled annually and have created a tradition in Wellness, in alcohol and drug prevention efforts and on campus. Wellness is currently integrated into the overall institutional planning and goals of the college. Data comparing the CORE Survey

from 2014 and 2016 shows Alcohol and Other Drug use declining for most metrics. The Wellness Center will continue the prevention efforts to reduce substance use on campus, help students learn to be Mindful and manage their emotions and learn healthy non-substance alternatives to regulate their emotions.

6) Data Collection. It is recommended that Student Affairs continue the collection of alcohol and drug use data, allowing the College to measure successes and failures on an annual and consistent basis. All programming should be determined by data found in CORE surveys as well as the current needs of the student body. In addition to designing programming based on CORE results, it is also suggested that the data be used for developing learning outcomes and assessing programmatic success. It is further recommended that internships continue to be offered. Due to an OASAS Grant won awarded to Purchase College, in 2017, 2019 and 2021 the college will be collecting this important data using the University of Buffalo’s Research Institute on Addictions College Prevention Survey.

7) Programming Recommendation. Based on feedback from the Community Standards division, and looking at both Community Standards caseloads and the CORE data that illustrates the amount of negative consequences that arise from alcohol and other drug use, programming efforts should be made towards educating students about decision making strategies. Often times students make poor decisions when under the influence of substances, unaware of the consequences of their actions.

8) Programming Recommendation. Interesting to note, comparing the CORE survey results from 2014 and 2016, and the number of students who said alcohol “makes it easier to deal with stress” increased from 48.0% to 54.7%. The data metric is congruent with the CIRP study to show the prevalence of anxiety on the Purchase campus and the role alcohol can play as a stress reducer for Purchase students. More prevention efforts needs to be made to educate students how they can reduce stress without the aid of substances.

9) Programming Recommendation. Based on comparative data between the CORE Survey in 2014 and 2016, the student population at Purchase College would benefit from social norming campaigns and about the risks and perceptions of binge drinking. Student responses on the CORE Survey show that students perceive binge drinking to be a less risky behavior as compared to having two drinks every day. Increased programming efforts from the Wellness Center will aim to highlight the risks and potential negative outcomes from binge drinking, as well as highlight the diminishing returns from having more than 2-3 drinks in one sitting.

CORE Survey Data	2014	2016
Took one to two drinks every day, what % of my friends would disapprove	48.9%	53.6%
Took four to five drinks every day, what % of my friends would disapprove	89.1%	90.1%
Had five or more drinks at one sitting, what % of my friends would disapprove	32.9%	57.8%

10) Programming Recommendation. Based on comparative data between the CORE Survey in 2014 and 2016, as compared to the reference group used in the CORE Survey (National averages), Purchase College students have significantly higher negative outcomes or consequences of Alcohol or Other Drug Use. Future Programming Efforts should place emphasis on negative outcomes and consequences of substance use and misuse.

CORE Survey – Consequences of AOD use	Purchase 2016 (2014)	Reference Group 2016 (2014)
Tried to commit suicide	4.3% (3.5%)	1.3% (1.2%)
Seriously thought about suicide	12.9% (16.9%)	4.5% (3.9%)
Been taken advantage of sexually	14.2% (12.9%)	7.7% (8.3%)
Taken advantage of another sexually	1.5% (3.0%)	1.8% (2.4%)

11) Programming Recommendation. Based on EverFi’s Alcohol Edu on-line learning module, in the 2016 and 2017 academic year, students identified Purchase College students top five reasons they would choose not to drink alcohol. This data can be used to create a Social Norming campaigns to encourage and remind students of reasons not to drink alcohol. This data identified student’s top five reasons to not drink. These reasons are:

Student Reasons for Not Drinking	Percentage of importance
I am going to drive	66%
I don’t want to spend the money	44%
I have other things to do	38%
I don’t have to drink to have a good time	35%
I don’t want to lose control	31%

12) Programming Recommendation. SUNY Purchase attracts a lot of art students and is internationally known for its undergraduate conservatories in the arts: Dance, Music, and Theatre Arts. SUNY Purchase is also well known for the School of Art + Design, School of Film and Media Program and Program in Arts Management and Entrepreneurship. As a result of this, the campus places a strong emphasis on and encourages creativity. Many students have a belief that in order to fuel creativity they need to rely on substances. Students who graduate from these programs and enter these competitive fields will need to learn resiliency skills to handle rejection and persevere. Programming efforts can be aimed to dispel the myth that substance use is an integral part of the artist’s lifestyle. One idea is the development of a faculty and staff committee to help create programming for these student artists to dispel the myth that substance use is an integral part of the artist’s lifestyle as well as build resiliency skills to help the artists in their future career.

13) Programming Recommendation. The first six-eight weeks of college is an exciting time for students. This time frame is also a documented time of risk for sexual assault

which has come to be known as the Red Zone. College students are in one of the most vulnerable age groups for sexual assault and the first six weeks of college are considered a “red zone” for incoming freshmen when it comes to rape. The first month and a half of college is the time when freshmen women are most likely to be raped or experience attempted rape. According to multiple studies, female students are at an increased risk for sexual assault during the first few weeks of their first semester on campus. According to a 2007 Campus Sexual Assault Study, more than 50 percent of college sexual assaults occur in August, September, October, or November. Studies have found a pronounced red-zone risk among college freshmen. According to a survey of 16,000 college students from 22 schools in the United States, "A much higher percentage of freshmen have been sexually victimized while they were freshmen than any other school year category," researchers wrote in a study published in 2015 in the [Journal of Interpersonal Violence](#).

Future programming recommendations will be geared towards educating students and providing preventive tips to avoid encountering difficulty during this time frame. Future programming to address the red zone should also include Alcohol and Other Drug (AOD) safety tips to avoid negative consequences associated with AOD misuse.

14) Substance Free Programming Recommendation. The Wellness Center will continue to develop Alcohol and Other Drug Free Social and Recreational Activities. The Wellness Center has a calendar of Wellness activities and programs that occur on an ongoing basis throughout the year. We have a Substance Free Residence Hall, smoke-free residences and buildings and a Wellness Center offering programs such as yoga and meditation daily. Each semester the Wellness Center hosts a few major alcohol-free events, including “Spa Night” during midterms and exam weeks. In 2011 the Wellness Center introduced a Wellness-sober tent to the Spring Weekend which has become an annual tradition. The Wellness Tent offered students a sanctuary from the Spring Weekend where they could enjoy themselves without the pressure of substance use. The Wellness tent received and entertained over 500 students in the spring weekend of 2017. Future recommendations include reaching out and creating programming for the students who identified on AlcoholEdu that they would like to meet other like-minded students for substance free entertainment and fun.

15) Expanding Online Substance Prevention Learning Tools. Since AlcoholEdu was mandated for all Freshmen in 2006, Purchase College has we have seen a reduction in binge drinking rates. AlcoholEdu and the Haven will continue to be funded and mandated by the college for all incoming students. Purchase College will continue to use EverFi’s products and in the Fall of 2017 will be adding additional new products from EverFi such as Haven On-going Education, to be introduced post-matriculation in the Fall term and Alcohol Edu On-going Education, introduced in April 2018. These on-line courses will help Purchase refine its tracking and prevention efforts.

In addition to Alcohol Edu and the Haven, The Wellness Center will implement EverFi’s Prescription Drug Abuse Prevention online learning module. Students who are mandated

to attend a Wellness Substance Education class and score a significant score on the DAST-10 will be asked to complete the EverFi Prescription Drug Abuse Prevention Module as part of compliance for their Code of Conduct infraction.

16) Online Learning Recommendation. EverFi has a product aimed for Faculty and Staff to help educate them about Sexual Assault and Prevention. Starting in the Fall of 2018 Purchase College Faculty and Staff should be required to complete these online modules.

17) Online Learning Recommendation. Purchase College currently asks new incoming students, including transfers, to complete Parts 1 and 2 of AlcoholEdu and Haven. Returning students who took this online learning module are not reminded about important preventative messaging. It is recommended that all returning students be asked to take one of EverFi's learning modules to refresh their memory and reinforce the important messaging they learned about as a new incoming student.